NORTHAMPTON HIGH SCHOOL
GDST

Extracurricular Programme
Junior School
Autumn Term 2026

Monday

Activity	Department	Time	Year(s)	Notes
Mighty Tootie Fluteys	Junior School	11.05 - 11.25	3 - 6	
Pony Club	Cross-Phase	12.25 - 12.55	5 - 13	
Book Club	Cross-Phase	12.30 - 13.00	6 - 13	
Hockey Club	Junior School	12.30 - 13.00	3 - 4	
Junior Orchestra	Junior School	12.30 - 13.00	2 - 6	
Creative Computing	Junior School	12.40 - 13.10	1 - 4	
Fitness Swim Club	Cross-Phase	12.50 - 13.20	5 - 13	
Netball	Cross-Phase	12.50 - 13.20	6 and 8	
Cookery Club	Paid Clubs	15.40 - 17.00	4 - 6	Capped at 12 pupils
Squad Swimming	Cross-Phase	15.45 - 17.00	5 - 13	

Tuesday

Activity	Department	Time	Year(s)	Notes
LAMDA	Paid Clubs	07.55 - 08.25	2 - 4	
LAMDA	Paid Clubs	08.25 - 08.55	Rec - 1	
Dance Club	Paid Clubs	12.40 - 13.20	1 - 4	
High Notes	Cross-Phase	12.45 - 13.15	3 - 13	
Chess Club	Cross-Phase	12.50 - 13.20	5 - 13	
Current Affairs	Junior School	12.50 - 13.20	5 - 6	
Yoga	Junior School	12.50 - 13.20	1 - 2	
Cricket	Junior School	15.45 - 17.00	4 - 6	

Wednesday

Activity	Department	Time	Year(s)	Notes
LAMDA	Paid Clubs	12.15 - 12.45	5 - 6	
Orchestra	Cross-Phase	12.45 - 13.20	3 - 13	
School Council	Junior School	12.50 - 13.20	2 - 6	Invite only
Drama Club	Junior School	12.50 - 13.20	1 - 4	Capped at 12 pupils
Tennis Club	Paid Clubs	15.35 - 16.35	Rec - 2	Up to October half term
Cookery Club	Paid Clubs	15.40 - 16.45	2 - 3	Capped at 12 pupils
Hockey Club	Junior School	15.45 - 17.00	5 - 6	Capped at 12 pupils

Thursday

Activity	Department	Time	Year(s)	Notes
Junior Choir	Junior School	12.45 - 13.20	1 - 6	
Swim Beginners	Cross-Phase	12.50 - 13.20	5 - 13	
Papercraft, colouring and drawing Club	Junior School	12.50 - 13.20	1 - 2	
Futsal Club	Cross-Phase	12.50 - 13.20	5 - 9	
Tennis Club	Paid Clubs	15.35 - 16.35	3 - 6	Up to October half term
Multi-Sports	Junior School	15.45 - 16.30	Rec - 2	
Football	Cross-Phase	15.45 - 17.00	4 - 13	

Friday

Activity	Department	Time	Year(s)	Notes
Guitar Ensemble	Cross-Phase	08.35 - 09.00	3 - 13	
Keyboard Club	Junior School	12.50 - 13.20	3 - 4	
Cross Country	Cross-Phase	12.50 - 13.20	3 - 13	
Water Polo	Cross-Phase	12.50 - 13.20	5 - 13	