

Early Years Lunch Menu: Week Three



| | Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------|---|--|---|--|---|
| BREAKFAST | A SELECTION OF CEREALS, TOASTS | A SELECTION OF CEREALS, TOASTS | A SELECTION OF CEREALS, TOASTS | A SELECTION OF CEREALS, TOASTS | A SELECTION OF CEREALS, TOASTS |
| MORNING SNACK | Digestives and banana | Fruit Bowl | Toast and spreads | Warm Corn Cobs | Crackers, tomato slices, cream cheese |
| LUNCH | Chicken or vegan meatballs in a rice tomato sauce pasta | Chicken or vegetable curry Steamed rice Prawn crackers | Cottage or lentil pie Peas and sweetcorn | Roast gammon or Quorn fillet Roast potatoes Seasonal vegetables Gravy | Fish or fishless fingers Chipped potatoes Baked beans or peas |
| DESSERT | Ice cream | Shortbread | Flapjack | Crispy cake | lollies |
| AFTERNOON SNACK | Crumpets | Toasted Teacakes | Vegetable sticks & Dip | Cheese & Cucumber | muffins |
| TEA | Sausage Rolls, Spaghetti Hoops, pepper sticks | Pasta, Tuna, Cheese | Pitta Bread, Ham, cheese, Salad | Jacket Potato, cheese & beans | Pasta, Tuna, Cheese |

Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

Week Commencing:

- 29/04/24 - 27/05/24
- 24/06/24 -