

Early Years Lunch Menu: Week One



NORTHAMPTON
HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast	A Selection of Cereal & Toast
MORNING SNACK	Digestives / Banana	Warm Corn Cobs	Crackers, tomato slices, cream cheese	Fruit Bowl	Toast & Spreads
LUNCH	Beef and Tomato pasta bake Or tomato and basil pasta bake Garlic bread, mixed salad	Swedish pork or vegan meatballs Served with mashed potato peas	BBQ Chicken or sweet potato Rice salad	Pork Sausage or vegan sausage New potatoes Sweetcorn gravy	Chicken or vegan nuggets Skinny chips coleslaw
DESSERT	Chocolate sponge with Fresh Custard	Smoothies	Jelly	Carrot Cake	Mousse
AFTERNOON SNACK	Cheese & Cucumber	Crumpets	English Muffins	Toasted Teacakes	Vegetable sticks & Dip
TEA	Jacket Potato, cheese & beans	Sausage Rolls, Spaghetti Hoops, pepper sticks	Pizza, Cucumber	Pasta, Tuna, Cheese	Pitta Bread, Ham, cheese, Salad

Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

Week Commencing:

- 15/04/24 - 13/05/24
- 10/06/24 - 08/07/24