

# Early Years Lunch Menu: Week Four



NORTHAMPTON  
HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS
MORNING SNACK	Digestives and banana	Cucumber and peppers	Warm Corn Cobs	Crackers, tomato slices, cream cheese	Fruit Bowl
LUNCH	Vegetable and tomato rice with green beans	Macaroni cheese Salad	BBQ chicken New potatoes Coleslaw	Sausage Mash Seasonal vegetable Gravy	Beef or vegetable chilli Potato wedges Pepper sticks
DESSERT	Crumble and custard	Rolly Polly and custard	Meringue and strawberries	Sponge and custard	Apple cake
AFTERNOON SNACK	Crumpets	English Muffins	Toasted Teacakes	Vegetable sticks & Dip	Cheese & Cucumber
TEA	Sausage Rolls, Spaghetti Hoops, pepper sticks	Pizza, Cucumber	Pasta, Tuna, Cheese	Pitta Bread, Ham, cheese, Salad	Jacket Potato, cheese & beans

## Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

## Week Commencing:

- 06/05/24 - 03/06/24  
- 01/07/24 -