Early Years Lunch Menu: Week Two

NORTHAMPTON HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A Selection of Cereal, Toast.	A Selection of Cereal, Toast.	A Selection of Cereal, Toast.	A Selection of Cereal, Toast.	A Selection of Cereal, Toast.
MORNING SNACK	Crackers, tomato slices, cream cheese	Fruit Bowl	Toast & Spreads	Digestives / Banana	Warm Corn Cobs
LUNCH	Beef or Vegan Bolognaise Garlic Bread, House salad	Honey & Garlic Udon Noodles With Chicken or Oriental Vegetables Prawn Crackers, baby Corns	Roasted Chicken Breast or Quorn Fillet Served with Sage and Onion Stuffing & Fresh Gravy Roasted potatoes Seasonal Veg	Cowboy Pie Butchers' Pork or Vegan Sausage, Baked Beans Topped with Sauté Potatoes Sweetcorn	Cod Fish Fingers or fishless fingers Chipped potatoes Garden
DESSERT	Strawberry Sponge & Custard	Fruit Salad	Chocolate eclairs	Banana & Chocolate Chip Cake	Cheese & Biscuits
AFTERNOON SNACK	English Muffins	Toasted Teacakes	Vegetable sticks & Dip	Cheese & Cucumber	Crumpets
TEA	Pizza, Cucumber	Pasta, Tuna, Cheese	Pitta Bread, Ham, cheese, Salad	Jacket Potato, cheese & beans	Sausage Rolls, Spaghetti Hoops, pepper sticks

Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

Week Commencing:

- 15/01/24
- 12/02/24
- 11/03/24
- 08/04/24