

Early Years Lunch Menu: Week Three



NORTHAMPTON
HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS
MORNING SNACK	Fruit Bowl	Toast & Spreads	Digestives / Banana	Warm Corn Cobs	Crackers, tomato slices, cream cheese
LUNCH	Oriental chicken or Vegetable Curry Baby corns Steamed Rice Prawn Crackers	Spicy Beef or Vegetable Tacos Spicy Potatoes Corn Cobs	Macaroni & Cheese Garden salad	Swedish pork or vegan meatballs in gravy Mashed potato peas	Cod Goujons or Vegan Nuggets Chips Baked Beans
DESSERT	Raspberry Mousse	Jelly	Carrot Cake	Ice Cream	Flapjack
AFTERNOON SNACK	Crumpets	Toasted Teacakes	Vegetable sticks & Dip	Cheese & Cucumber	Toasted Teacakes
TEA	Pasta, Tuna, Cheese	Sausage Rolls, Spaghetti Hoops, pepper sticks	Pitta Bread, Ham, cheese, Salad	Jacket Potato, cheese & beans	Pasta, Tuna, Cheese

Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

Week Commencing:

— 22/01/24 — 19/02/24

— 18/03/24 — 15/04/24