

# Early Years Lunch Menu: Week Four



NORTHAMPTON  
HIGH SCHOOL

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS	A SELECTION OF CEREALS, TOASTS
<b>MORNING SNACK</b>	Toast & Spreads	Digestives / Banana	Warm Corn Cobs	Crackers, tomato slices, cream cheese	Fruit Bowl
<b>LUNCH</b>	Beef or vegan chilli Steamed Rice Salad	Chicken or Mushroom Stew with Dumplings Mashed Potato Seasonal Veg	Breaded Fishcakes or Mature Cheddar Cheese, Potato & Leek Gratin New Potatoes Peas	Tomato & Basil Pasta Garlic Bread Salad	Pork or Vegan sausages Chipped Potato Baked Beans
<b>DESSERT</b>	Orange & lemon Sponge cake	Apple pie & Custard	Doughnuts	Fruit Salad	Smoothie Pots
<b>AFTERNOON SNACK</b>	Crumpets	English Muffins	Toasted Teacakes	Vegetable sticks & Dip	Cheese & Cucumber
<b>TEA</b>	Sausage Rolls, Spaghetti Hoops, pepper sticks	Pizza, Cucumber	Pasta, Tuna, Cheese	Pitta Bread, Ham, cheese, Salad	Jacket Potato, cheese & beans

## Available Daily:

- Vegan and dietary menus always available
- Fresh seasonal fruit, fruit pots and assorted yoghurts

## Week Commencing:

- 29/01/24 - 26/02/24

- 15/03/24 -