

High Sports

Autumn Term | December 2023

Welcome!

As I prepare to hand over to Mrs Saunders-Wall, I reflect on this autumn term with absolute pride and admiration for the students and the Sport Faculty team, who work diligently to enable all of our sporting opportunities to be worthwhile. With sport being so valuable in enhancing physical, social and mental health, it's important we continue to embrace all opportunities and strive for success. We have had a tremendous season of sport with many successes for me to write about in this edition of High Sports. I know the Sport Faculty will be in good hands from January, and we will continue to show our improvement and determination as we move into the spring term.

We hosted the annual GDST Select Trials for netball and cricket this term, with Katie F being selected for the next rounds of the cricket trials due to take place in March. We wish her the best of luck in the spring term.

We had a successful trip in September to Nottingham Girls' High School for the annual Northern Rally. Here, we won the U15 hockey competition and finished second in the badminton, tennis and senior hockey competitions. The seniors went on to play in the GDST finals which we hosted here at NHS in October. This was a tough competition, where we played some superb hockey and despite our best efforts in a shuffle contest, we narrowly missed out to Wimbledon in reaching the finals.



In November, our U15 hockey team continued their winning streaks against the GDST schools by finishing as runners up in the U15 finals held at Croydon. This is the first time we have podiomed in a long time, and therefore demonstrates our improvements as a school. Well done team!

We have continued to play many friendly fixtures across the school teams, with some successes against Thornton College, Quinton House and Wellingborough. We also entered the IAPs hockey for our U11 team this year, giving them more opportunity to play new schools and develop their game. Some new fixtures this term have included us playing Malcolm Arnold Academy and Magdalen College School. We hope to continue to grow our list of competitors to offer all of our teams a challenging and enjoyable experience when representing Northampton High School.

Mrs Emma Blake
Director of Sport

County Netball Tournaments in the Autumn Term



During this term our U18, U16 and U14 netball teams have played at their respective County tournaments.

This year, our U18s played in the plate competition with our U16s and U14s playing in the cup. Congratulations to the U18s who won the plate competition and our U16s who were runners up in their cup competition.

This win has secured the U16s a place in the Regionals which take place in February. Wishing them all the best of luck.

Sports in the Autumn Term

Cross Country



On 22 November, we travelled to Courteenhall Estate for the District Cross Country event. It was an exciting yet

difficult course. Everyone ran very well with a special mention going to Jemima C for winning the U17s race.

We have 10 students who have qualified for the County Championships in January, and we wish them all the very best of luck.

Well done all!

Swimming



Our U18 swimming team travelled to the Northern Rally for their first meet of the year. We had a squad made up of 8 pupils; ranging from Year 9 to Year 12.

Special mentions must go to Eleanor for her 100 fly, and Sophie for her 25 fly win.

The team swam really well and enjoyed the competition.

Football



Our footballing community continues to grow, as we welcome new players to our extracurricular club each week. We entered both the U15 and U11 GDST rallies this term, with some excellent team work on display and some very pleasing results.

As we move into the spring term, we look forward to playing some local schools such as CCS, Malcolm Arnold and Moulton School.

Tennis - HA Schools Competition



Our U16 team, consisting of Hattie K, Lucy N, Andra T and Rose N, played exceptionally well in the first round beating Headington School.

This qualified them for the Regional Finals which were held in Shrewsbury. Playing at Shrewsbury was a great experience again this year, and we were delighted to welcome Lyra S and Frankie B to the team. Some superb tennis was played and enjoyed by all.

Newcastle GDST Hockey Weekend



Our annual trip to Newcastle for the U14 hockey weekend was a great success again this year.

We played some magnificent hockey, and found the competition to be the closest we've ever played, with many games ending up as 0-0 draws. After the first two days of competition, we played in the Plate on the final day. Drawing all of our games, we finished in joint first place with Newcastle and Sutton High.

Keep up to date with the latest Sports updates!

Each week, we like to update our parents with the most recent fixtures, results and schedules from the world of sport here at Northampton High. This information can be found in High & Junior News, and the latest editions of these newsletters can be found by scanning below.

Scan me!



Sports in the Autumn Term

Equestrian

We are excited to announce that Northampton High School has become the first school in the country to be recognised as an established Pony Club Centre! This new extracurricular activity is led by Mrs Hodgetts-Tate, and is an opportunity for students to come together and participate in a range of fun activities.

We have enjoyed a few competitions this term with Indi riding in August at Hickstead, Maisie in October at Addington in the NSEA Championships Plate and Indi again

in October at the School Equestrian Games Eventing Championships 2023. Maisie came 5th out of 10 in the intro tests and 9th overall in her competition, with Indi qualifying two ponies in the 90cm section, finishing in a very respectable 10th and 11th. Well done both!

On 20 January, we are looking forward to competing at Bury Farm in the County qualifiers. Good luck to Lexi, Lily, Maisie, Nancy, Esme and also good luck to Jemima, who is competing at Aintree in British showjumping qualifier for Hickstead.



PONY CLUB



Spotlight on Sport: Lucy

We love to celebrate the external sporting successes of our students, and in each edition of High Sports we shine the spotlight on to a different student. This term the spotlight shines onto Lucy, who is a keen golfer:

How long have you been playing?

I started playing at 4 years old and started competing when I was 9/10.

Where do you play?

Collingtree Golf Park and Northampton County

How often do you play?

I play a couple of times a week - no matter the weather!

Who's your golfing inspiration?

Charley Hull

Recent Successes?

- NGL Roses Autumn Cup, in the final Northamptonshire girls, golf competition of the season - I won the nett trophy, with a nett 73. I have also won the Collingtree Order of Merit and was part of the Collingtree team that won the NGL Interclub Junior Matchplay.

