

High Sports

Summer Term | July 2023

I'm delighted to bring you this term's bumper addition of High Sports! As you are aware, we hosted our very successful Sports Celebration Evening in May, and we are delighted to share with you some highlights from the evening in this edition. Having so many talented students involved in sport both in school and out of school is amazing and allows us to continue fulfilling a competitive fixture programme. We are always keen to introduce new

sports and experiences for our students, and as we look forward to the start of the new academic year we are excited to bring you some new clubs in the autumn term including tag rugby, volleyball and Zumba. In this edition, we also include our Colours & Commendations awarded to students for exceptional performance and commitment to school sport. Have a lovely summer!

Mrs Blake | Director of Sport



Sports Day 2023



Every year, Sports Day is described as a firm favourite in the Northampton High calendar. The competitive nature of the event ensures a buzz of excitement throughout the day, whilst the team spirit across each of the Houses guarantees a supportive and friendly environment. Taking place on Friday 9 June in the glorious summer sun, pupils and staff alike were enthusiastic to begin this year's event in front of friends and family.

As is tradition at Northampton High, students competed together in their House teams; Artemis, Demeter, Hestia and Selene, in an attempt to win the coveted trophy. Wearing fancy dress and House colours, we were pleased to see the entire school community having fun, trying their best and supporting one another!

The day saw plenty of exceptional performances, with personal bests and school records being set. In a school that is full of sporting talent, Sports Day proves a fabulous opportunity for parents and staff to celebrate our fantastic athletes.



Congratulations to each and every one of our students for participating in this year's Sports Day. The effort and enthusiasm shown by all is a demonstration of what we can achieve when we work together. A special well done to Artemis for being the Junior School winners, and to Hestia for being crowned the Senior and whole school champions!



A huge thank you to our wonderful Sports department for organising a fantastic event enjoyed by all, and to our spirited students who made the day one to remember!

Summer Sports



Cricket

We believe that cricket has developed significantly this term, with many more students getting involved in our club sessions and fixtures.

We have seen the introduction of hardball with our U15s entering the GDST Regional Rounds, where we narrowly missed out on the finals and placed 2nd within our region. We also played many softball matches, fielding teams from Year 3 up to Year 10.

We've played against Wellingborough, Beachborough, Akeley Wood, Quinton, Thornton, Broughton and CCS. Our U14 team were runners up in the GDST Rally, which is a fantastic achievement. Well done team!



Tennis

The U11 Team participated in the GDST Rally and played some strong matches on a very hot day. The competition was fierce, but we enjoyed some fabulous wins against Nottingham and Oxford.

Our Senior Team played in the GDST Rally on the 27 June and we made history by taking the title! Some fantastic play from our team members enabled them to win this magnificent trophy and take the 'Double' as we also successfully won the Northern Rally back in the autumn term.

A huge congratulations to everyone who competed this term.



Athletics

We have enjoyed a very successful summer of athletics here at Northampton High, with students of all ages attending events and meets all over the County and beyond. You will find a detailed schedule of our events below:

- 10 May** U15 & U17 District Athletics, Daventry
- 19 May** GDST Athletics Rally, Nottingham
- 7 June** U13 & U14 District Athletics, Daventry
- 9 June** School Sports Day
- 10 June** County Championships, Corby
- 30 June** English Schools Track & Field Championships, Birmingham

We thank all our parents for their continued support over this season, and congratulate every student who has competed this summer!



Sports Presentation Evening



On Thursday 4 May, we were delighted to host Northampton High's annual Sports Presentation Evening, a school-wide event which celebrates students of all ages across Junior and Senior School. It is always a joy to celebrate the achievements of our community both inside and outside of the classroom, and this occasion proved to be no different, as a capacity crowd filled the Senior School Hall for a night of festivity.

This year, we were overjoyed to welcome a very special guest into school for this celebration of sport. Former Arsenal and England captain Faye White MBE, who was capped 90

times for the Lionesses and featured over 300 times for the Gunners in her illustrious career, joined us to deliver a powerful speech to an enthralled crowd of parents and budding athletes, before helping the Sports Department distribute the awards.

The entire Northampton High School community has been so inspired by the recent and continued success of the England Lionesses, so to be joined by a player who not only represented her country but captained them on countless occasions, proved to be an unforgettable experience for all in attendance.

Huge congratulations are in order for all of this year's award recipients, including Janice who was named as this year's Sports Personality of the Year, Risara who was awarded Young Sports Personality of the Year, and the fantastic U14 Hockey team who scooped up the Team of the Year honour.

An event of this stature does not come together without the tireless efforts of lots of dedicated people, and a huge thanks must go to Mrs Blake her entire team, along with all the other departments and staff members who always come together to help make these events so successful. We thank the brilliant Faye White for giving her time to help make the celebration one that our students will remember forever, and, of course, our parents, for all of their unwavering support in helping their children to realise their sporting dreams.

Spotlight on Sport: Jemima

Jemima has been riding since she was 3 years old. She has 3 horses (Doogie, Prince and Toby) and looks after them daily. She has been competing in British Showjumping since 2019.

Competing in 3 National Finals so far, Jemima placed 3rd in the 2022 Finals and has qualified for two finals this year. She will be competing in the British Showjumping Final in August. Jemima's life goal is to become a professional showjumper and to compete in the Olympics.

We wish Jemima all the best in her showjumping career!



Awards: Colours & Commendations

Congratulations to our students who achieved their Colours & Commendations in their chosen sports this year.

A full list of students who achieved their Colours is here, with a full list of Commendations recipients available below:



Scan me to view this year's Commendation recipients

Full Colours:

Athletics Rosie D

Badminton Prachi P

Cricket Jasmine C

Equestrian Lily B, Izzy D, Eloise H

Hockey Maddie D, Hattie F, Eloise H

Tennis Hattie K, Lilli T

Half Colours:

Netball Izzy H, Amy I

Hockey Anna A, Katie A, Lucy A, Ruby CF, Felicity H, Eloise H, Hattie M

Tennis Emma N

Equestrian Nancy D

Cross Country Jemima C, Ella D

Athletics Jemima C, Ella D

Cricket Tanishqa T

Football Ella D

Ruby achieves bronze medal at World Agility Open Championships

Northampton High is full of talented students, whose varied passions never fail to amaze our staff and school community.

Last August, Ruby (Year 9) was selected as one of the 4 juniors to compete at the World Agility Open Championships for Team England! After a long wait following a successful selection process, Ruby attended the championships a few weeks ago.

Throughout the week, competitors had to run lots of courses and perform consistently well throughout. There were roughly 30 countries in attendance and Ruby's fantastic performance impressed the judges enough to secure a Bronze medal in the junior category!



"Amongst thousands of competitors in the adults category, we managed to keep a top position until near the end, until finally finishing 5th in the Biathlon class!" commented Ruby.

Reflecting on the competition, she commented "I can safely say it was the most amazing experience!"

Alumnae news:

Georgie represents Great Britain at European Team Championships!

In May, the Great Britain and Northern Ireland squad for the European Team Championships was announced, and alumna Georgina Forde-Wells was selected to represent the team in the Triple Jump!

The first division match at the Championships, held in Silesia, Poland, took place on the 23-25 June and saw the team compete against 15 other countries across three days of competition.

Congratulations Georgie!