

Anti- Bullying Week

In this slide show, we will talk about a few ways to deal with bullying, and how you can help people.

By 8S

When someone is hurting or
annoying me I will:



1. Look at them.



2. Put my hand up in a 'stop'
sign.



3. Say to the person,
"Stop it, I don't like it."



4. If it doesn't work I will
get help from a
teacher.

How can Bystanders Help People Who Are Being Bullied?



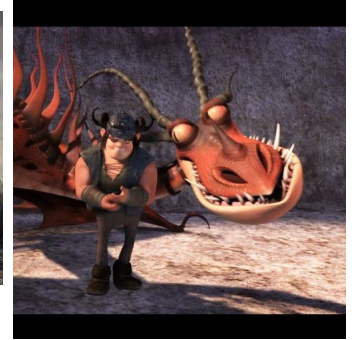
Bullies



People protecting
the people or person
being bullied



People being bullied



Bystanders

Bystanders-

‘a person who is present at an event or incident but does not take part.’

If someone is being bullied then the bystanders can try to get the bully to stop and they can defend the people being bullied. They can also get a trusted adult to help.



10 ways if kindness

- Smiling at someone
- Holding the door open
- Helping a stranger
- Teach your sibling something new
- Write a compliment note to someone
- Make a thank you card for your teacher
- Pick up litter in your local area
- Make someone laugh
- Being there to listen to someone
- Stay connected with family and friends

