



NORTHAMPTON
HIGH SCHOOL

GDST
GIRLS' DAY SCHOOL TRUST

Extracurricular Programme Autumn 2022

Extracurricular activities and individual development at Northampton High School



Northampton High School prides itself on developing the whole person, through 360 degrees.

This means we get to know our pupils for who they are as individuals and we aim to help them to achieve their dreams and ambitions.

Our cocurricular programme is one of the keys to enabling students to find their passions and to develop personally, weaving its thread through the school from the youngest pupils in Junior School to the Sixth Form. As a whole, it is made up of extracurricular clubs and activities, academic enhancement and support, the Year 10 to 13 timetabled Enrichment programme and pastoral and wellbeing schemes. In addition, we are able to take advantage of the wider Girls' Day School Trust shared and networked activities, such as GDST Limitless Learning and Masterclasses.

A key part of our overall cocurriculum is the extracurricular programme. This booklet outlines the clubs, activities and clinics available for the spring term.

The range of activities is hugely varied, encompassing sport, both competitive and recreational, music and the arts, and a great range of activities for wider interests, from debating to coding to board games clubs and more! There are also academic enrichment, extension and support clinics, and we run subject specific programmes for individuals and small groups across the full subject range.

Clubs and activities take place over the shared lunch break, where Junior School and Senior School pupils are able to work together in some cases. There are also clubs and training sessions scheduled after school. There is a late bus available which leaves at 5:15pm, and runs on Monday to Thursday. This service must be booked a week in advance, and more information is available here: <https://www.northamptonhigh.co.uk/admissions-open-days/transport/>

If you have any questions about any of the extracurricular activities please do not hesitate to get in touch using the school email address: admin@nhs.gdst.net.

Mr Henry Rickman
Deputy Head Academic

Monday

Club/Society/Activity	Day/Time Planning	Year Groups
Senior Flute Choir	Mon: 08:25-08:55	7,8,9,10,11,12,13
Society of Printmakers	Mon: 11:45-12:30	6,7,8,9,10,11,12,13
French Year 11 Drop-In	Mon: 11:45-12:30	11
Further Maths Introduction	Mon: 11:45-12:30	11
Year 9 Mini EPQ	Mon: 11:45-12:30	9
Backchat Magazine	Mon: 11:50-12:20	6,7,8,9,10,11,12,13
Current Affairs Club	Mon: 11:50-12:20	6,7,8,9,10,11,12,13
Wind Ensemble	Mon: 12:05-12:35	2,3,4,5,6
Swim Club	Mon: 12:15-12:45	5,6,7,8
KS3 Drama Performance Club	Mon: 12:15-12:50	7,8,9

Monday

Club/Society/Activity	Day/Time Planning	Year Groups
Learning Ambassadors	Mon: 12:20-12:55	6,7,8,9,10,11,12,13
Junior Poetry Club	Mon: 12:20-13:00	5,6
Chess Coaching	Mon: 12:25-12:55	3,4,5
Hockey	Mon: 15:30-16:45	5,6
Gymnastics	Mon: 15:30-17:00	0,1,2
GCSE Art Coursework Support	Mon: 15:45-16:45	10,11
Swimming	Mon: 15:45-16:45	7,8,9,10,11,12,13
Fitness Suite	Mon: 15:45-17:00	12,13
Rackets	Mon: 15:45-17:00	7,8,9,10,11,12,13
Tennis Seniors	Mon: 15:45-17:00	7,8,9,10,11,12,13

Tuesday

Club/Society/Activity	Day/Time Planning	Year Groups
Equestrian Squad	Tue: 11:45-12:15	7,8,9,10,11,12
Senior Rock Band	Tue: 11:45-12:20	7,8,9,10,11,12,13
Digacy Support	Tue: 11:45-12:20	7,8,9
GCSE T&P Club	Tue: 11:45-12:20	10,11
Greek Level 1	Tue: 11:45-12:20	7,8,9,10,11,12,13
Year 7 French Club	Tue: 11:45-12:20	7
Football	Tue: 11:45-12:30	9,10,11,12,13
Football	Tue: 12:15-12:45	5,6,7,8
Swimming - Beginners	Tue: 12:15-12:45	5,6,7,8,9,10,11,12,13
Chess Club	Tue: 12:15-12:55	7,8,9,10,11,12,13
Eco Team	Tue: 12:20-12:55	4,5,6,7,8,9,10,11,12,13
Junior School Latin Club	Tue: 12:20-13:00	5,6

Tuesday

Club/Society/Activity	Day/Time Planning	Year Groups
GCSE History Booster	Tue: 12:30-12:55	10,11
Psychology Year 13 Drop-in Clinic	Tue: 12:30-13:00	13
Book Club	Tue: 15:30-16:15	3,4
Current Affairs Club	Tue: 15:30-16:15	5,6
Maths Is Fun	Tue: 15:30-16:15	1,2
Tennis	Tue: 15:30-16:45	5,6
Maths Year 13 Revision	Tue: 15:45-15:45	13
Languages Games Club	Tue: 15:45-16:30	6,7,8
Cricket	Tue: 15:45-17:00	5,6
Hockey	Tue: 15:45-17:00	9,10
Netball	Tue: 15:45-17:00	7,8
Fitness Suite	Tue: 15:45-17:00	7,8,9,10,11,12,13

Wednesday

Club/Society/Activity	Day/Time Planning	Year Groups
A Level T&P Club	Wed: 11:45-11:45	13
Senior Jazz/Pop Band	Wed: 11:45-12:20	7,8,9,10,11,12,13
Maths Year 12 Clinic	Wed: 11:45-12:20	12
GCSE Drama Exam Support	Wed: 11:45-12:20	10,11
Further Maths GCSE	Wed: 11:45-12:30	11
GCSE German Drop-in	Wed: 11:45-12:30	10,11
Spanish Drop-in	Wed: 11:45-12:30	10,11
T&P Year 11 Club	Wed: 11:45-12:30	11
Games and Puzzles	Wed: 11:45-12:30	7,8,9,10,11,12,13
Knit and (K)natter	Wed: 11:45-12:30	6,7,8,9,10,11,12,13
Muse	Wed: 11:45-12:30	7,8,9,10,11,12,13

Wednesday

Club/Society/Activity	Day/Time Planning	Year Groups
Netball	Wed: 12:15-12:45	5,6
Can you survive a Zombie Apocalypse?	Wed: 12:15-12:55	6,7
Orchestra	Wed: 12:15-13:00	5,6,7,8,9,10,11,12,13
Debating Club	Wed: 12:20-13:00	9,10,11,12,13
Junior Strings	Wed: 15:30-16:00	3,4,5,6
Bookworm Club	Wed: 15:30-16:15	1,2
Mindfulness Colouring	Wed: 15:30-16:15	3,4
Tennis	Wed: 15:30-16:45	3,4
Economics Year 13 Exam Clinic	Wed: 15:45-16:30	13
Hockey	Wed: 15:45-17:00	7,8
Fitness Suite	Wed: 15:45-17:00	7,8,9,10,11,12,13

Thursday

Club/Society/Activity	Day/Time Planning	Year Groups
Senior Choir	Thu: 08:25-08:55	7,8,9,10,11,12,13
Femsock	Thu: 10:10-10:30	9,10,11,12,13
Lego Engineering Club	Thu: 11:45-12:15	8,9
Puzzle Club	Thu: 11:45-12:15	7,8,9,10,11,12,13
Sewing Bee	Thu: 11:45-12:20	7,8,9
Science Journal Club	Thu: 11:45-12:20	12
Language Leaders	Thu: 11:45-12:30	10,11,12
Science Spirit Year 10 Magazine	Thu: 11:45-12:30	10
Basketball	Thu: 11:45-12:30	9,10,11,12,13
Junior Choir	Thu: 12:15-12:45	3,4,5,6
National Theatre Connections Rehearsals	Thu: 12:15-12:50	9,10,12
Debating Club	Thu: 12:20-13:00	5,6,7,8

Thursday

Club/Society/Activity	Day/Time Planning	Year Groups
Learning Buddies - Nursery and Preschool	Thu: 12:25-12:55	5,6,7
Junior Cooking	Thu: 15:30-16:30	3,4
Tennis	Thu: 15:30-16:45	0,1,2
Gymnastics	Thu: 15:30-17:00	3,4,5,6
Textiles Exam Support	Thu: 15:35-16:30	10,11,12,13
Cricket	Thu: 15:40-17:00	7,8
Cricket	Thu: 15:45-16:30	3,4
Hockey	Thu: 15:45-17:00	11,12,13
Netball	Thu: 15:45-17:00	9,10
Economics Year 13 Exam Clinic	Thu: 12:15-13:00	13
GCSE Drama Exam Support	Thu: 15:35-16:35	10,11
Fitness Suite	Thu: 15:45-17:00	7,8,9,10,11,12,13

Friday

Club/Society/Activity	Day/Time Planning	Year Groups
Guitar Ensemble	Fri: 08:25-08:55	3,4,5,6,7,8,9,10,11,12,13
Art Club	Fri: 11:45-12:20	7,8,9
Senior String Quartet	Fri: 11:45-12:20	All
Biology Year 13 Invitational Clinic	Fri: 11:45-12:20	13
Ceramics Creature Workshop	Fri: 11:45-12:30	10,11
Science Clinic	Fri: 11:45-12:30	11
Book Club	Fri: 11:45-12:30	7,8,9,10,11
Humanities Film Club	Fri: 11:45-12:30	5,6,7,8,9,10,11,12,13

Friday

Club/Society/Activity	Day/Time Planning	Year Groups
Running Club	Fri: 12:15-12:45	5,6,7,8,9,10,11,12,13
Nature, Wildlife and Gardening Club	Fri: 12:15-12:55	4,5,6,7
Y6 Book Club	Fri: 12:20-12:50	6
Times Tables Blooket	Fri: 12:20-13:00	3,4
Lego Model Making	Fri: 12:25-12:55	1,2,3,4,5,6
Hockey	Fri: 15:45-16:30	All
Gymnastics	Fri: 15:45-17:00	5,6,7,8,9,10,11,12,13
Chess Club	Fri: 12:15-12:55	7,8,9,10,11,12,13