

# High Sports

Summer Term | July 2021

**It really was fabulous to return to school in March...**

and despite normality not resuming as quickly as we would have liked, the learning and enjoyment in Sport both during curriculum and extracurricular has been noticed. We are grateful we could offer more sporting opportunities as the term has progressed and, although we have been thin on fixtures, we have played some tennis and cricket matches. Our Equestrian Team has also continued with their success throughout the summer term (more to follow). Our pupils have done us proud at these events, following all the COVID rules and continuing to appreciate the opportunities. We are also extremely thankful to

Hardingstone Cricket Club, Nick at Northamptonshire Cricket Club and Tom at Tennis for all, who have started working with us this term, to expand our cricket and tennis offering across the Junior and Senior Schools.

I have been pleased with the engagement of our pupils at our House events this term, beginning with the House Rounders tournaments and the fantastic Sports Day (more to follow on this event) that we have hosted. We also successfully hosted Cricket INSETS for GDST staff, and held the trials for the GDST Select Netball Team 2021 - 2022. Junior School have also participated in House Swimming Galas, and Reception and KS1 will complete their Sports Day before the end of term.

**We look forward to September where we have planned for a full fixture programme to return, alongside the GDST Rallies.**

We will also be expanding our extracurricular offering, hoping to include sports such as trampolining, basketball, volleyball and water polo. We aim to give every pupil at Northampton High the opportunity to find their niche and enjoy keeping physically active while reaping the benefits on their physical, social and mental health.

Wishing you all a relaxing Summer break.

**Mrs Blake**  
**Director of Sport**

## Sports Day 2021

**Friday 11 June saw the first full school event post-COVID take place; our school Sports Day!**

Perfect weather conditions and huge anticipation combined to what can only be described as a fantastic day of sporting achievements and a celebration of entering the final stages of lockdown restrictions.

It was the perfect opportunity for all students to spend time with the rest of their year group, with friends and focus on enjoying a return to normality.

We are delighted to share a full report with you overleaf.



# Sports Day 2021- Junior School

The Junior School Year 3 to Year 6 students all had the opportunity to take part in the 600m, long jump and rounders ball throw prior to Sports Day to gain points for their house.

On the day everyone participated in a variety of 'fun' races which included the obstacle, sack, the egg and spoon races and the sprint heats.

The final two events, sprint finals and relays added to the tension when the Year 3 sprint final had to be decided via a photo finish and the relays, being worth double points, being pivotal in which house ultimately won the Junior School event.

The overall winner was Artemis and House Captain Eloise K received the trophy from the Chair of Governors, Mrs Newman (below). Please find results opposite.

Event	Year 3	Year 4	Year 5	Year 6
Long Jump	Angelie B	Zoe S	Emily F Phoebe S	Daisy May S
Rounders Ball Throw	Zara J Poppy P	Zoe S	Mollie M	Daisy May S
600m	Zara J	Risara S	Phoebe S	Daisy May S
Sprint	Poppy P	Risara S	Phoebe S	Sophia P
Relay	Demeter & Selene	Artemis & Demeter	Artemis	Selene
House Winner	Demeter	Artemis	Artemis	Hestia



# Sports Day 2021- Senior School

Event	U3	L4	U4	L5	Sixth Form
Discus	Charlotte F	Grace H	Aless J	Amy H	Anna M
Shot	Zara M	Eryn C ®	Sahitya B	Jayna B	Isobel W
Javelin	Rose N	Tara E	Prachi P	Anjola O	Shreya S
Long Jump	Suki L	Ella D	Rosie D	Janice H	Molly RC ®
Hurdles	Fiona M	Ella D ®	Laura C	Risha B	Toni R
100M	Aiyven M	Roja L	Lizzie T	Janice H	Lucy S
200M	Maya G	Ella D ®	Anna Al	Rebecca R	Lucy S
800M	Khusi P	Eryn C	Issy H	Ella N	Jodie W
1500M	Grace C	Ella D ®	Issy H	Gemma W	Lucy S
Relay	Hestia	Selene	Selene	Hestia	Hestia
House Winner	Artemis	Selene	Selene	Demeter	Hestia

The day began for the Senior School with field events which included the discus, shot, long jump and javelin. Records broken included Eryn C in the shot for L4 and Molly RC in the long jump for 6.1.

Ella D had only what can only be described as an amazing day's haul of events winning the long jump and then going on to win and break records (indicated by ®) in the hurdles, 200m and 1500m.

Results were especially close for the top three positions with literally 10 points separating three Houses; and so the final standings all hinged on the relays, worth double points. The eventual winners of the Senior School Sports Day were Selene and the combined Junior and Senior School competition went to Hestia.



# Equestrian Team enjoy continued success!



The last term has seen some incredible successes for the Equestrian Team, and it has been brilliant to see more and more people getting involved.

The team headed to Bury Farm at the end of May for some Show Jumping hosted by NSEA, with team wins in the 80cm, 90cm and 100cm classes, qualifying for the Hickstead County Championships in August.

In addition, we had individual qualifications for Amelia S in the 80cm, Nancy D in the 90cm and Gemma W in the 110cm. At the beginning of June, the team spent an awesome weekend at Hickstead for the NSEA National Championships for Jumping with Style and Eventer Challenge, testing technique as well as speed and precision. The teams came away with some fabulous results including 6th in the 85cm Jumping

with Style, 7th in the 100cm Jumping with Style, 5th in the 95cm Eventer Challenge and 2nd in the 105cm Eventer Challenge. Eloise H's excellent round in the 100cm Jumping with Style led to her being awarded National Champion, an incredible achievement given the complexity of the courses and the competitiveness of the class.

**Jodie W**  
**Team Captain**



## GDST Lockdown Dance Competition

During the Easter break, the GDST Lockdown Dance Competition Finalists were revealed on a Zoom call, hosted by the organiser Mrs Williamson-Jones (Sutton High School) and judged by Kira, a dancer, choreographer and teacher based at Pineapple Studios, London.

The competition was extremely popular with over 250 entries from across the GDST Schools.

The age categories consisted of Y3/4, Y5/6, KS3 and KS4 upwards.

Northampton High School was represented by the following pupils who performed some amazing pieces:

**Y3/4** – Angelie B, Zoe S, Shreya S, Tami S, Ellie J-E, Harini S

**Y5/6** – Sophia B, Anya R

**KS3** – Holly H, Carolina FL, Ques-Li DB

**KS4 and up** – Hannah S, Kathryn L

We are delighted that Angelie B placed in the top five for her age group with an energetic Bollywood performance. Hannah S placed in the top five with her beautiful

contemporary piece, and Ques-Li DB won the entire KS3 competition with a stunning contemporary piece. Huge congratulations to all and we cannot wait to attend the GDST's Day of Dance in December 2021.

