Northampton High School Spring Menu – Week Four

Monday	Tuesday	Wednesday	Thursday	Friday
Sweet and Sour Chicken with Stir Fried Vegetables	Minced Beef Lasagne al Forno Served with a Slice of Garlic Bread	Garlic & Herb Marinated Chicken Served with Fresh Gravy	Katsu Chicken Curry	Pepperoni Stuffed Crust Pizza
Sweet and Sour Stir Fried Vegetable	Aubergine Parmigiana Served with a Slice of Garlic Bread	Roasted Vegetable Risotto served with Parmesan Shavings	Sweet Potato Katsu Curry	Margarita stuffed Crust Pizza
Vegetables: Special Fried Rice and Prawn Crackers	Vegetables: Mixed Salad	Vegetables: Baby Roasted Potatoes and Sweetcorn	Vegetables: Steamed Rice	Vegetables: Parmentier Potatoes and a Mixed Leaf Salad
Salad Bar: Selection of Basic and Composite Salads with Scotch Eggs	Salad Bar: Selection of Basic and Composite Salads with Pakora Selection served with a Yoghurt Dressing	Salad Bar: Selection of Basic and Composite Salads with Chilli Quesadillas	Salad Bar: Selection of Basic and Composite Salads with Falafels served in Pitta Breads	Salad Bar: Selection of Basic and Composite Salads with Prawn Cocktail Platter
Hot Dessert: Banana Sponge served with Fresh Custard	Hot Dessert: Cornflake Syrup Tart served with Pouring Cream	Hot Dessert: Pineapple Upside down Cake Served with Fresh Custard	Hot Dessert: Loaded Brownies	Hot Dessert: Cherry Filled Chelsea Buns
Cold Dessert: Blackcurrant Jelly	Cold Dessert: Loaded Cheesecake	Cold Dessert: Sprinkle Cake	Cold Dessert: Angel Delight	Cold Dessert: Slice of Artic Roll

Available Daily:

-Vegan and Dietary menus always available
- Fresh homemade soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot Paninis, filled wraps and sandwiches, Soup and Jacket Potato

Week Commencing:

27 January
24 February
23 March
20 April

FOOD HYGIENE RATING 5