



Northampton High School - Summer Menu - Week One



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Minced Beef and Tomato Penne Pasta Bake served with a Slice of Garlic Bread	New Orleans Chicken and Bacon Jambalaya served with a Corn on the Cob and Sour Cream and Chive Dressing	Roast Loin of Pork served with Apple Sauce and Sage and Onion Stuffing and Fresh Gravy	Chicken Penang Curry served with Saffron Flavoured Rice, Coriander Naan, Mango Chutney and Mini Poppadums	Crispy Deep Fried Breadcrumbed Fish of The Day or Cod Fishfingers served with a Lemon Wedge and Tartare sauce
* Roasted Vegetable and Tomato Arrabiatta Penne Pasta Bake served with a Slice of Garlic Bread	* New Orleans Roasted Vegetable Jambalaya served with a Corn on the Cob and Sour Cream and Chive Dressing	* Stuffed Mushroom Filled with Rice and Roasted Vegetables and Topped with Cheese	* Quorn and Vegetable Penang Curry served with Saffron Flavoured Rice, Coriander Naan, Mango Chutney and Mini Poppadums	* Cheesy Macaroni Bake served with a Leafy Garden salad
Chef's Special of the Day	Chef's Special of the Day		Chef's Special of the Day	
Vegetables: Fresh Mixed Leafy Salad	Vegetables: Spiced Rice and Crunchy Mixed Salad	Vegetables: Roasted Potatoes and a Medley of Broccoli and Cauliflower Florets and Sliced Carrots		Vegetables: Chipped Potatoes and Mushy Peas
Salad Bar: Selection of Basic and Composite Salads with Tuna and Sweetcorn Mayonnaise	Salad Bar: Selection of Basic and Composite Salads with Brussels Pate and Melba Toast	Salad Bar: Selection of Basic and Composite Salads with Prawn Cocktail Platter	Salad Bar: Selection of Basic and Composite Salads with Houmous, Wholemeal Pitta and Olives	Salad Bar: Selection of Basic and Composite Salads with Bacon and Avocado Salad with Parmesan Croutons
Hot Dessert: Mixed Fruit Oatley Crumble served with Fresh Custard	Hot Dessert: Orange Drizzle Cake served with Fresh Custard	Hot Dessert: Crispy Banana Fritters served with Syrup Sauce	Hot Dessert: Apple and Sultana Strudel served with Fresh Custard	Hot Dessert: Traditional Rice Pudding served with Mixed Fruit Jam
Cold Dessert: Melon, Pineapple and Strawberry Fruit Pots	Cold Dessert: Strawberry Angel Delight served with Whipped Cream and Fresh Strawberries	Cold Dessert: Plain Scone filled with Whipped Cream and Jam	Cold Dessert: Frozen Fruit Smoothie	Cold Dessert: Mini Babybell or Dairylea Cheese served with Cream Crackers

AVAILABLE DAILY:

Fresh homemade vegetarian soup served with freshly baked sliced baguettes.
Made to Order Sandwich/Baguette Bar plus a selection of freshly made wraps available with a selection of meat & vegetarian fillings, fresh salad & a daily speciality bread.
Jacket Potato Bar with assorted fillings of your choice.
Fresh Seasonal Fruit Basket. Selection of Fresh Yogurts.
Sixth Form Cafe : Fresh Hot Paninis, Filled Baguettes, Wraps & Wholemeal Hoagies available.

Week Commencing:

16 April

14 May

18 June

