

Northampton High School Nursery - WEEK TWO



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE
MORNING SNACK	Pepper Sticks and Tomato Slices	Wholemeal Toast and Bananas	Celery Stick Served With Houmous	Brioche	Rice Cakes
LUNCH	Swedish Pork or Vegan Meatballs Served With Mashed Potato & Green Beans	Mild Lemon & Herb Roasted Chicken or Aubergine steak with Rice & Cucumber	Quiche Lorraine Or Cheese & Onion Quiche Served with half a jacket potato and a Side Salad	Hidden Vegetable Pasta Bake Served with sweetcorn	Fish Finger or Vegan Fishless Finger Served with Oven Chips & Peas
DESSERT	Strawberry and Vanilla Sponge with custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Sticky Toffee Pudding OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Peach and Raspberry Crumble Served with Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Lemon Mousse OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	Pancakes	Peaches	Cucumber and Cheese Sticks	Crackers Served With Ham or Cheese	Babybel and Tomatoes
TEA	Vegetable Cous Cous	Jacket Potato with Cheese and Beans	Wholemeal Pasta with Tuna and cheese	Scrambled Egg Served on Wholemeal Toast	Ham or Cheese Flatbread Served with Mixed Salad

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing: 02/05/22 30/05/22

27/06/22

