

## Northampton High School Nursery - WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE	A SELECTION OF CEREALS, TOASTS & PORRIDGE
MORNING SNACK	Toasted Crumpets & Spreads	Babybel Cheese & Tomato Slices	Pepper & Celery Sticks	Rice Cakes Bananas	Oat Cakes
LUNCH	Creamy Chicken & <mark>Tarragon</mark> Pasta Or Aubergi <mark>ne &amp; T</mark> omato Pasta	Macaroni Cheese with a Reggae Reggae Jack Fruit Topper (Serve separately)	Roast Loin of Pork or Quorn fillet Served with Roasted Potatoes Broad Beans and Carrot Batons	Lemon & Thyme Baked Pollock or Ratatouille Bake Served with New Potatoes & Steamed Broccoli	Chicken Or Vegan Goujons served with Fries and Salad
DESSERT	Summer fruit Crumble and Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Jelly OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Fruit Smoothies OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Cinnamon Bun OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	Veg Sticks	Melon Selection	Pancakes	Pitta Bread and Houmous	Carrot & Cucumber Slices
TEA	Jacket Potatoes Served with Beans & Cheese	Sandwich Selection	Baked beans on Toast	Roasted Vegetable Pasta	Pitta Pizza

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

25/04/22 23/05/22

20/06/22

