

Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Minced Beef Spaghetti Bolognese served with Grated Parmesan Cheese	Sausage, Smokey Bacon and Baked Bean Hot Pot	Homemade Chicken and Vegetable Pie topped with Shortcrust Pastry and served with Fresh Gravy	Mexican Beef Chilli Fajita Wrap served with Soured Cream and Salsa	Chicken Meatballs in a Fresh Tomato and Basil Sauce
Minced Quorn Spaghetti Bolognese served with Grated Parmesan Cheese (V)	Roasted Red Pepper and Vegetarian Chorizo Sausage Hot Pot (V)	Quorn, Roasted Vegetable and Lentil Pie, topped with Shortcrust Pastry served with Fresh Gravy (V)	Mexican Spicy Bean Chilli Fajita Wrap served with Soured Cream and Salsa (V)	Vegetarian Quorn Meatballs in a Fresh Tomato and Basil Sauce (V)
Chef's Special	Chef's Special	Chef's Special		Chef's Special
Vegetables:	Vegetables:	Vegetables:	Vegetables:	Vegetables:
	Baton Carrots and Garden Peas	Creamy Mashed Potatoes, Sweetcorn and Peas	Sweet Potato Wedges and Fresh Side Salad	Egg Tagliatelli
Salad Bar: Selection of Basic and Composite Salads with Vegetarian Pancake Rolls and Sweet Chilli Dipping Sauce	Salad Bar: Selection of Basic and Composite Salads with Chicken and Bacon Caesar Salad	Salad Bar: Selection of Basic and Composite Salads with Avocado and Egg Salad	Salad Bar: Selection of Basic and Composite Salads with Italian Antipasti Platter and Sundried Tomatoes	Salad Bar: Selection of Basic and Composite Salads with Prawn, Rocket Leaves and Lemon Mayonnaise
Hot Dessert: Pineapple Upside Down Pudding served with Fresh Custard	Hot Dessert: Autumn Mixed Fruit Pie served with Fresh Custard	Hot Dessert: Lemon Sponge served with Fresh Custard	Hot Dessert: Mincemeat and Apple Jalousie served with Fresh Custard	Hot Dessert: Minty Chocolate Chip Sponge served with Fresh Custard
Cold Dessert: Butterscotch Mousse with Chantilly Whipped Cream and Toffee Sprinkles	Cold Dessert: Slice of Chocolate and Cherry Tiffin	Cold Dessert: Sugared Ring Doughnut	Cold Dessert: Plain Scone with Jam and Cream	Cold Dessert: Zesty Lemon and Orange Yoghurt Swirl

## Available Daily:

- Fresh homemade vegetarian soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled baguettes, wraps and wholemeal hoagies

## Week Commencing:

10 September 19 November  
08 October

