

Monday	Tuesday	Wednesday	Thursday	Friday
Pasta Penne Carbonara served with a Slice of Garlic Ciabatta Bread	Traditional Chicken and Vegetable Goulash served with Buttered Tagliatelli	Prime Beef Burger served in a Bap with Assorted Relishes	Pork Sausages served with Sliced Sautéed Onions and Fresh Gravy	Spicy Chicken and Vegetable Tacos served with Rice, Soured Cream, Guacamole, Mixed Salad and Mexican Grated Cheese
Mediterranean Vegetable Pasta Bake topped with Cheese in a Tomato Sauce served with a Slice of Garlic Ciabatta Bread (V)	Bean and Vegetable Goulash served with Buttered Tagliatelli (V)	Quorn Burger served in a Bap with Assorted Relishes (V)	Simply Meat Free Vegetarian Sausages served with Sliced Sautéed Onions and Fresh Gravy (V)	Mexican Five Bean Tacos served with Rice, Soured Cream, Guacamole, Mixed Salad and Mexican Grated Cheese (V)
Chef's Special	Chef's Special		Chef's Special	Chef's Special
Vegetables: Mixed Leafy Salad	Vegetables: Baton Carrots and Baby Sweetcorn	Vegetables: Thin Fries, Onion Rings and Mixed Leafy Salad	Vegetables: Buttered Mashed Potatoes and Sliced Green Beans	
Salad Bar: Selection of Basic and Composite Salads with Traditional Ploughman's Lunch	Salad Bar: Selection of Basic and Composite Salads with Cocktail Pancake Rolls with a Sweet Chilli Dipping Sauce	Salad Bar: Selection of Basic and Composite Salads with BBQ Chicken Drumsticks	Salad Bar: Selection of Basic and Composite Salads with Chicken and Vegetable Kebabs	Salad Bar: Selection of Basic and Composite Salads with Bacon and Avocado Mixed Leaf Salad
Hot Dessert: Chocolate Chip Sponge Pudding served with a Rich Chocolate Sauce	Hot Dessert: Apple and Blackberry Oatey Crumble served with Fresh Custard	Hot Dessert: Traditional Rice Pudding with Warmed Jam	Hot Dessert: Apple and Cinnamon Jalousie served with Fresh Custard	Hot Dessert: Jam Roly Poly served with Fresh Custard
Cold Dessert: Strawberry Mousse with Whipped Cream and Strawberries	Cold Dessert: Slice of Lemon Drizzle Cake	Cold Dessert: Waffle Stack served with Vanilla Ice Cream and Toffee Sauce	Cold Dessert: Frosted Carrot Cake	Cold Dessert: Sugared Jam Doughnut

## Available Daily:

- Fresh homemade vegetarian soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled baguettes, wraps and wholemeal hoagies

## Week Commencing:

07 January                      04 February  
11 March

