

Monday	Tuesday	Wednesday	Thursday	Friday
Red Pesto Chicken and Stir Fried Vegetable Pasta Penne Bake served with a Slice of Garlic Bread	Savoury Minced Beef Puff Pastry Square served with Fresh Gravy	Honey Glazed Sliced Roasted Gammon, with Sage and Onion Stuffing served with Fresh Gravy	Hunters Style Chicken	Breadcrumbs Cod Fillet or Cod Fishfingers served with a Lemon Wedge and Tartare Sauce
Red Pesto Vegetable Pasta Penne Bake served with a Slice of Garlic Bread (V)	Roasted Vegetable and Mozzarella Puff Pastry Square. Served with Gravy (V)	Filled Flat Field Mushroom filled with Cous Cous, topped with Melted Cheese served with Fresh Gravy (V)	Quorn Style Hunters Chicken (V)	Cheesy Macaroni Bake Served with a Fresh Garden Salad (V)
Chef's Special	Chef's Special		Chef's Special	Chef's Special
Vegetables: Leafy Side Salad	Vegetables: Parsley Potatoes, Carrot Batons and Sliced Green Beans	Vegetables: Roasted Potatoes, Sliced Carrots and Minted Peas	Vegetables: Baby New Potatoes and Mixed Seasonal Leafy Side Salad	Vegetables: Chipped Potatoes and Mushy Peas
Salad Bar: Selection of Basic and Composite Salads with Sardine, Lemon and Watercress Platter	Salad Bar: Selection of Basic and Composite Salads with Scotch Egg Halves	Salad Bar: Selection of Basic and Composite Salads with Quorn and Mango Sriracha Salad	Salad Bar: Selection of Basic and Composite Salads with Quiche Lorraine	Salad Bar: Selection of Basic and Composite Salads with Cheese, Chilli and Coriander Quesadillas
Hot Dessert: Mixed Fruit Oatey Crumble served with Fresh Custard	Hot Dessert: Syrup Sponge served with Fresh Custard	Hot Dessert: Butterscotch Apple Pudding served with Fresh Ice Cream	Hot Dessert: Jam Roly Poly served with Fresh Custard	Hot Dessert: Sugar Crusted Freshly Baked Chelsea Buns
Cold Dessert: Winter Berry Eton Mess	Cold Dessert: Slice of Coconut Flapjack	Cold Dessert: Waffle with Ice Cream and Chocolate Sauce	Cold Dessert: Red Cherry Cheesecake	Cold Dessert: Individual Italian Style Tiramisu

## Available Daily:

- Fresh homemade vegetarian soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled baguettes, wraps and wholemeal hoagies

## Week Commencing:

17 September    26 November  
15 October

