

Monday	Tuesday	Wednesday	Thursday	Friday
Pulled BBQ Shredded Chicken served in a Bap	Savoury Minced Beef Pie topped with Shortcrust Pastry and served with Fresh Gravy	Roast Topside of Beef served with a Yorkshire Pudding, Horseradish Sauce and Fresh Gravy	Cajun Chicken and Vegetable Wraps served with Soured Cream and Tomato Salsa	Breadcrumbs Fish of the Day or Cod Fishfingers served with a Lemon Wedge and Tartare Sauce
Pulled BBQ Shredded Quorn Fillets served in a Bap (V)	Diced Quorn and Vegetable Pie topped with Shortcrust Pastry and served with Fresh Gravy (V)	Filled Flat Mushroom with Duxelle and Topped with Melted Cheddar Cheese (V)	Cajun Quorn Wrap filled with Fresh Coleslaw and served with Soured Cream and Tomato Salsa (V)	Filled Spinach and Ricotta Tortellini in a Tomato and Basil Sauce and served with Salad (V)
Chef's Special	Chef's Special	Chef's Special	Chef's Special	Chef's Special
Vegetables: Sweet Potato Fries and Mixed Leaf Salad	Vegetables: Creamy Mashed Potatoes and Sliced Green Beans	Vegetables: Roasted Potatoes, Cauliflower and Broccoli Florets with Sliced Carrots	Vegetables: Spicy Rice and Poached Sweetcorn	Vegetables: Chipped Potatoes and Baked Beans
Salad Bar: Selection of Basic and Composite Salads with Sliced Honey Roast Ham	Salad Bar: Selection of Basic and Composite Salads with Lemon and Lime Marinated Chicken Breast	Salad Bar: Selection of Basic and Composite Salads with Tuna Nicoise Salad	Salad Bar: Selection of Basic and Composite Salads with Peppered Mackerel	Salad Bar: Selection of Basic and Composite Salads with Cheese and Bacon Pinwheel
Hot Dessert: Bread and Butter and Sultana Pudding served with Fresh Custard	Hot Dessert: Crispy Pineapple Fritters served with a Hot Apricot Sauce	Hot Dessert: Toffee Apple Sponge served with Fresh Custard	Hot Dessert: Syrup Sponge served with Fresh Custard	Hot Dessert: Apple Pie served with Fresh Custard
Cold Dessert: Fruit Smoothie Tubs	Cold Dessert: Slice of Chocolate and Cherry Tiffin	Cold Dessert: Blackcurrant Jelly	Cold Dessert: Slice of Banana and Sultana Loaf	Cold Dessert: Oat Flapjack

Available Daily:

- Fresh homemade vegetarian soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled baguettes, wraps and wholemeal hoagies

Week Commencing:

14 January 11 February
18 March

