

Monday	Tuesday	Wednesday	Thursday	Friday
Oriental Chicken and Stir Fried Vegetables in a Hoisin Sauce	Italian Style Spaghetti Bolognaise served with Fresh Parmesan Cheese	Pesto Oven Roasted Chicken Fillet and served with Fresh Gravy	Minced Beef Lasagne al Forno served with a Slice of Garlic Bread	Homemade Chef's Special Pepperoni and Mozzarella Stuffed Crust Pizza
Oriental Stir Fried Vegetables in a Hoisin Sauce (V)	Italian Style Quorn Bolognaise served with Fresh Parmesan Cheese (V)	Roasted Vegetable Risotto served with Freshly Grated Vegetarian Parmesan Cheese (V)	Vegetable Lasagne al Forno served with a Slice of Garlic Bread (V)	Margarita Cheese Stuffed Crust Pizza (V)
Chef's Special	Chef's Special	Chef's Special	Chef's Special	
Vegetables: Steamed Rice and Prawn Crackers		Vegetables: Baby New Potatoes and Carrots and Fine Green Beans	Vegetables: Mixed Leaves Side Salad	Vegetables: Jacket Wedge Potatoes and Mixed Leaf Salad
Salad Bar: Selection of Basic and Composite Salads with Scotch Egg Halves	Salad Bar: Selection of Basic and Composite Salads with Vegetable and Spinach Pakoras with a Minted Yogurt Dressing	Salad Bar: Selection of Basic and Composite Salads with Coriander and Chilli Quesadillas	Salad Bar: Selection of Basic and Composite Salads with Vegetable Falafel served in a Pitta Bread with Houmous and Side Salad	Salad Bar: Selection of Basic and Composite Salads with Prawn Cocktail Platter
Hot Dessert: Jam Sponge served with Fresh Custard	Hot Dessert: Apple and Strawberry Traybake served with Fresh Custard	Hot Dessert: Conserve Tart served with Fresh Custard	Hot Dessert: Mandarin Upside Down Pudding served with Fresh Custard	Hot Dessert: Sugar Crusted Chelsea Buns
Cold Dessert: Chocolate Angel Delight served with Whipped Cream and Chocolate Chips	Cold Dessert: Slice of Cherry Shortbread	Cold Dessert: Finger of Sprinkle Cake	Cold Dessert: Slice of Chocolate Brownie	Cold Dessert: Slice of Raspberry Ripple Arctic Roll

## Available Daily:

- Fresh homemade vegetarian soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled baguettes, wraps and wholemeal hoagies

## Week Commencing:

21 January                      25 March

