

Northampton High School Spring Menu – Week One



Monday	Tuesday	Wednesday	Thursday	Friday
alian Style Spaghetti Bolognaise Served with Fresh Parmesan Cheese	Chicken and Sweetcorn Pie topped with Filo Pastry and Served with Gravy	Roast Loin of Pork served with Fresh Apple Sauce, Sage and Onion Stuffing and Fresh Gravy	Burger Bar: Prime Beef Burger or Southern Fried Chicken Burger Served with Assorted Relish	Cajun Chicken and Vegetable Wrap Served with Soured Cream, Guacamole and Tomato Salsa
Italian Style Lentil Bolognaise Served with Fresh Parmesan Cheese	Roasted Vegetable Pie topped with Filo Pastry Served with Gravy	Creamy Cauliflower Cheese and Leek Crumble	Spicy Bean Burgers Served with Assorted Relish	Cajun Aubergine and Vegetable Wraps Served with Soured Cream, Guacamole and Tomato Salsa
Sides:	Sides:	Sides:	Sides:	Sides:
Garlic Bread	Baby New Potatoes, Broccoli, Fine Green and Broad Bean Medley	Roasted Potatoes Savoy Cabbage Baton Carrots	Skinny Chips Mixed Salad	Spicy Vegetable Rice
	Baby New Potatoes, Broccoli, Fine	Roasted Potatoes Savoy Cabbage Baton Carrots	Skinny Chips	Sides:
	~ 1993 J	Soup, Salad and Sandwich Bar available Daily		
Hot Dessert:	Hot Dessert:	Hot Dessert:	Hot Dessert:	Hot Dessert:
Oatey Apple Crumble Served with	Jamaican Banana Fritter	Chocolate Sponge Served with	Coconut Rice Pudding	Syrup Sponge
Fresh Custard	Served with warmed Syrup	A Rich Chocolate sauce	Served with	Served with
Tresir custaru	Served with warmed Syrup	A Nich chocolate sauce	Mango Sauce	Fresh Custard
Cold Dessert:	Cold Dessert:	Cold Dessert:	Cold Dessert:	Cold Dessert:
Cheese and Biscuits	Meringue Nest Filled with Whipped Cream Passion Fruit and Strawberry	Blackcurrant Jelly	Fruit Smoothie Tubs	Vanilla and Toffee Cheesecake

Available Daily:

- -Vegan and Dietary menus always available
- Fresh homemade soup, with freshly baked baguettes
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled wraps and sandwiches, Soup and Jacket Potato

Week Commencing:

11th Jan 8th Feb

8th Mar 5th Apr

