

## Northampton High School Spring Menu – Week Four



Monday	Tuesday	Wednesday	Thursday	Friday
Tri Colour Pasta Served with Creamy Broccoli and asparagus sauce and Garlic Bread	Butcher Pork Sausage and Bean Cassoulet	Lemon and Herb Marinated Chicken Breast	Spicy Minced Beef Chilli Con Carne Served with Steamed Rice and Corn Chips	Breaded Chicken Goujons Served with Sweet Chilli Dip
Tri Colour Pasta Served with Spicy Tomato and basil sauce and garlic Bread	Vegan Sausage and Bean Cassoulet	Roasted Red onion and vegetable tart	Spicy Vegetable and Bean Chili Con Carne Served with Steamed Rice and Corn Chips	Vegetable Fingers Served with Sweet Chilli Dip
Sides:	Sides:	Sides:	Sides:	Sides:
Mixed Leaf Salad	Parmenter Potato and Roasted Mixed Veg	Roasted New Potato Sugar Snap Peas and Baby Corn	Sweetcorn	Chipped Potatoes Baked Beans
		Soup, Salad and Sandwich Bar available Dail		Hist Descent
Hot Dessert:	Hot Dessert:	Hot Dessert:	Hot Dessert:	Hot Dessert:
Orange and Lemon Drizzle Sponge	Iced Apricot and Sultana Chelsea Buns	Apple Pie and Custard	Chocolate Chip Sponge and Chocolate sauce	Apple and Berry Strudel and Custard
Served with Fresh Custard			and Chocolate sauce	
Served with Fresh Custard Cold Dessert:	Cold Dessert:	Cold Dessert:	Cold Dessert:	Cold Dessert:

Available Daily:	Week Commonsing	(TETAC) (TETAC) (TETAC)
-Vegan and Dietary menus always available	Week Commencing:	
- Fresh homemade soup, with freshly baked baguettes	1 <sup>st</sup> Feb 1 <sup>st</sup> Mar	Fordarets topological and the second
- Made to order sandwich bar, plus a selection of wraps, sandwich fillings and speciality bread	20th Mar 20th Arr	FOOD HYGIENE RATING
- Fresh seasonal fruit and assorted yoghurts	29 <sup>th</sup> Mar 26 <sup>th</sup> Apr	0 0 2 3 4 5
- Sixth Form Café: Hot paninis, filled wraps and sandwiches, Soup and Jacket Potato		VERY GOOD