

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pulled BBQ Chicken served in a Bap	Savoury Minced Beef Pie topped with Flaky Puff Pastry served with Fresh Gravy	Roast Topside of Beef served with a Yorkshire Pudding, Horseradish Sauce & Fresh Gravy	Cajun Chicken and Vegetable Wraps served with Soured cream and Tomato Salsa	Breadcrumbsed Fish of the Day or Cod Fishfingers served with a Lemon Wedge and Tartare Sauce
*Pulled BBQ Shredded Quorn Fillets served in a Bap	* Diced Quorn and Vegetable Pie topped with Puff Pastry and served with Fresh Gravy	* Filled Flat Mushroom with Duxelle and Topped with Melted Cheddar Cheese	*Cajun Quorn Wraps served with Fresh Coleslaw and served with Soured Cream and Tomato Salsa	*Filled Spinach Tortellini in a Tomato and Basil Sauce and served with Salad
Chef's Special of the Day	Chef's Special of the Day		Chef's Special of the Day	
Vegetables: Sweet Potato Fries and Mixed Leaf Salad	Vegetables: Creamy Mashed Potatoes and Sliced Green Beans	Vegetables: Roasted Potatoes, Cauliflower & Broccoli Florets with Sliced Carrots	Vegetables: Spicy Rice and Poached Sweetcorn	Vegetables: Chipped Potatoes and Baked Beans
Salad Bar: Selection of Basic and Composite Salads with Sliced Honey Roast Ham	Salad Bar: Selection of Basic and Composite Salads with Lemon and Lime Marinated Chicken Breast	Salad Bar: Selection of Basic and Composite Salads with Tuna Nicoise Salad	Salad Bar: Selection of Basic and Composite Salads with Peppered Mackerel	Salad Bar: Selection of Basic and Composite Salads with Cheese and Bacon Pinwheel
Hot Dessert: Bread, Butter and Sultana Pudding served with Fresh Custard	Hot Dessert: Crispy Pineapple Fritters served with a Hot Apricot Sauce	Hot Dessert: Toffee Apple Waffle Pudding served with Fresh Custard	Hot Dessert: Syrup Sponge served with Fresh Custard	Hot Dessert: Apple Pie Served with Fresh Custard
Cold Dessert: Cream Horns	Cold Dessert: Slice of Chocolate and Cherry Tiffin	Cold Dessert: Vanilla Pannacotta served with a Fresh Raspberry Coulis	Cold Dessert: Slice of Banana and Sultana Loaf	Cold Dessert: Oat Flapjack

AVAILABLE DAILY:

Fresh homemade vegetarian soup served with freshly baked sliced baguettes.
 Made to Order Sandwich/Baguette Bar plus a selection of freshly made wraps available with a selection of meat & vegetarian fillings, fresh salad & a daily speciality bread.
 Jacket Potato Bar with assorted fillings of your choice.
 Fresh Seasonal Fruit Basket. Selection of Fresh Yogurts.
 Sixth Form Cafe : Fresh Hot Paninis, Filled Baguettes, Wraps & Wholemeal Hoagies available.

Week Commencing:
15 January
19 February
19 March

