

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Pasta Penne Carbonara in a Creamy White Sauce served with a Slice of Garlic Bread	Traditional Beef and Vegetable Goulash served with Buttered Tagliatelli	Prime Beef Burger served in a Bap with Assorted Relishes	Pork Sauages served with Sliced Sautéed Onions and Fresh Gravy	Spicy Chicken and Vegetable Tacos served with Rice, Soured Cream, Guacamole, Mixed Salad and Mexican Grated Cheese
*Mediterranean Vegetable Pasta Bake in a Tomato Sauce served with a Slice of Garlic Bread	* Bean and Vegetable Goulash served with Buttered Tagliatelli	*Quorn Burger served in a Bap with Assorted Relishes	*Simply Meat Free Vegetarian Sausages served with Sliced Sauteed Onions and Fresh Gravy	* Mexican Five Bean Tacos served with Rice, Soured Cream, Guacamole, Mixed Salad and Mexican Grated Cheese
Chef's Special of the Day	Chef's Special of the Day		Chef's Special of the Day	Chef's Special of the Day
<b>Vegetables:</b> Mixed Leafy Salad	<b>Vegetables:</b> Baton Carrots and Baby Sweet-corn	<b>Vegetables:</b> Thin Fries, Onion Rings and Mixed Leafy Salad	<b>Vegetables:</b> Buttered Mashed Potatoes and Sliced Green Beans	
<b>Salad Bar:</b> Selection of Basic and Composite Salads with Traditional Ploughman's Lunch	<b>Salad Bar:</b> Selection of Basic and Composite Salads with Cocktail Pancake Rolls with a Sweet Chilli Dipping Sauce	<b>Salad Bar:</b> Selection of Basic and Composite Salads with BBQ Chicken Drumsticks	<b>Salad Bar:</b> Selection of Basic and Composite Salads with Chicken and Vegetable Kebabs	<b>Salad Bar:</b> Selection of Basic and Composite Salads with Bacon and Avocado Mixed Leaf Salad
<b>Hot Dessert:</b> Chocolate Chip Sponge Pudding served with a Rich Chocolate Sauce	<b>Hot Dessert:</b> Apple and Blackberry Oaty Crumble served with Fresh Custard	<b>Hot Dessert:</b> Traditional Rice Pudding with a Warmed Jam	<b>Hot Dessert:</b> Apple and Cinnamon Jalousie served with Fresh Custard	<b>Hot Dessert:</b> Jam Roly Poly served with Fresh Custard
<b>Cold Dessert:</b> Strawberry Yogurt Mousse with Whipped Cream and Strawberries	<b>Cold Dessert:</b> Slice of Lemon Drizzle Cake	<b>Cold Dessert:</b> Waffle Stack served with Vanilla Ice Cream and Toffee Sauce	<b>Cold Dessert:</b> Frosted Carrot Cake	<b>Cold Dessert:</b> Sugared Jam Doughnut

## AVAILABLE DAILY:

Fresh homemade vegetarian soup served with freshly baked sliced baguettes.  
 Made to Order Sandwich/Baguette Bar plus a selection of freshly made wraps available with a selection of meat & vegetarian fillings, fresh salad & a daily speciality bread.  
 Jacket Potato Bar with assorted fillings of your choice.  
 Fresh Seasonal Fruit Basket. Selection of Fresh Yogurts.  
 Sixth Form Cafe : Fresh Hot Paninis, Filled Baguettes, Wraps & Wholemeal Hoagies available.

**Week Commencing:**  
**08 January**  
**05 February**  
**12 March**

