

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	Pepper Sticks and Tomato Slices	Wholemeal Toast and Bananas	Breadsticks Served with Humous	Rice Cakes Served with Beetroot Dip	Carrot and Pepper Sticks
LUNCH	Vegetable Parmigiana Served with Cucumber	Chicken or Sweet Potato Katsu Curry Served with Spring Onion Steamed Rice and Shredded Slaw	Mixed Vegetable Hotpot Served with Peas and Carrots	Cheesy Chicken wholemeal Pasta Bake Or Wholemeal Macaroni Cheese Served with Mixed Salad	Fish Pie Served with Sugar snapped Peas and Broccoli
DESSERT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Banana and Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Apricot and Peach Fool OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Peach and Raspberry Crumble Served with Cream OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	TROPICAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	Crumpets Served with Spreads	Fruit Salad	Tomato Slices and Cheese Sticks	Crackers Served with Ham or Cheese	Hard Boiled Eggs And Tomatoes
TEA	Wholemeal Cous Cous, Quinoa and Chickpea Salad	Tuna and Broccoli Wholemeal Pasta	Scrambled Egg Served on Wholemeal Toast	Chicken Kofta Or Vegetable Kebabs Served with Wholemeal Pitta	Ham or Cheese Flatbread Served with Mixed Salad

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY.

Week Commencing:

18th Jan 15th Feb

15th Mar 12th Apr

