

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	Oatcakes and Spreads	Rice Cakes and Beetroot Dip	Wholemeal Toast Served with Bananas	Pancakes and Peaches	Melon Platter
LUNCH	Creamy Broccoli wholemeal Pasta Served with Garlic Bread and Mixed Salad	Chicken or Vegan And Bean Cassoulet Served with Parmenter Potato And Roasted Mixed Veg	Marinated Lemon and Herb Chicken Breast Or Red Onion and Vegetable tart Served with Roasted New Potato Baby Corn and Sugar Snap Peas	Mild Beef Chilli Con Carne or Lentil & Mixed Bean Chilli Con Carne Served with 50/50 Rice And Sweetcorn	Oven Baked Fish Fingers Served with Oven Chips, Baked Beans or Peas
DESSERT	Ice Cream Pots OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Apple Pie and Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Fruity Flapjack OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Carrot Cake OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	Fruit Salad	Cheese and Tomatoes	Fruit Platter	Muffins and Spreads	Cheese and Cucumber Sticks
TEA	Chicken Kofta Or Vegetable Kebabs served with Wholemeal Pitta and Peppers	Wholemeal Cous Cous With Chicken and Beetroot And Mixed Salad	Jacket Potato Served with Tuna Mayo or Cheese	Vegetable Quiche and Salad	Mixed Beans and Cheese Wraps

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY.

Week Commencing:

