

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Spicy Minced Beef Chilli Con Carne served with Steamed Rice & Tortilla Chips	King-size Hot Dogs served with Sliced Sautéed Onions and Assorted Relishes	Roasted Sliced Chicken Breast served with Sage and Onion Stuffing & Fresh Gravy	Chicken, Vegetable and Spinach Korma served with Saffron Flavoured Rice, Coriander Naan Bread, Poppadum & Mango Chutney	Freshly Breadcrumbed Fish of the Day or Cod Fish Fingers served with a Lemon Wedge & Tartare Sauce
*Spicy Vegetable and Quorn Con Carne served with Steamed Rice & Tortilla Chips	* King-Size Vegetarian Hot Dogs served with Sliced Sautéed Onions and Assorted Relishes	*Oven Baked Quorn Filled Beefsteak Tomato served with Fresh Gravy	* Vegetable and Spinach Korma served with Saffron Flavoured Rice, Coriander Naan Bread, Mini Poppadum's and Mango Chutney	Spinach and Ricotta Cannelloni served with a Mixed Leaf Salad
Chef's Special of the Day	Chef's Special of the Day		Chef's Special of the Day	
Vegetables: Mixed Leafy Salad	Vegetables: Jacket Wedge Potatoes and Mixed Leafy Salad	Vegetables: Roasted Potatoes, Sliced Carrots and Peas		Vegetables: Chipped Potatoes & Mushy Peas
Salad Bar: Selection of Basic and Composite Salads with Sardine and Lemon Platter	Salad Bar: Selection of Basic and Composite Salads with Chicken Caesar Salad	Salad Bar: Selection of Basic and Composite Salads with Tuna Pitta Pockets	Salad Bar: Selection of Basic and Composite Salads with Cheese and Tomato Puffs	Salad Bar: Selection of Basic and Composite Salads with a selection of Indian Savouries with Minted Yoghurt Dressing
Hot Dessert: Summer Berry Crumble Traybake served with Fresh Custard	Hot Dessert: Banana Fritters served with Warmed Syrup	Hot Dessert: Chocolate Sponge served with Chocolate Sauce	Hot Dessert: Sticky Date Pudding served with Fresh Toffee Sauce	Hot Dessert: Syrup Sponge served with Fresh Custard
Cold Dessert: Cheese and Biscuits	Cold Dessert: Rocky Road Chocolate Rice Crispy Slice	Cold Dessert: Melon, Strawberry & Pineapple Pots	Cold Dessert: Mandarin Cheesecake	Cold Dessert: Meringue Nest Filled with Whipped Cream & Mixed Berries

AVAILABLE DAILY:

Fresh homemade vegetarian soup served with freshly baked sliced baguettes.
Made to Order Sandwich/Baguette Bar plus a selection of freshly made wraps available with a selection of meat & vegetarian fillings, fresh salad & a daily speciality bread.
Jacket Potato Bar with assorted fillings of your choice.
Fresh Seasonal Fruit Basket. Selection of Fresh Yogurts.
Sixth Form Cafe : Fresh Hot Paninis, Filled Baguettes, Wraps & Wholemeal Hoagies available.

Week Commencing:
1 January
29 January
5 March

