

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	Crumpets and Spreads	Fruit Toast	Rice Cakes	Breadsticks	Banana
LUNCH	Sweet and Sour salmon or Stir-Fried Oriental Vegetables with A Black Bean Sauce Egg Fried Rice and Prawn Crackers	Minced Beef or Vegetable Lasagne al Forno Served with a Slice of Garlic Bread	Garlic & Herb Marinated Chicken Baby Potatoes and Sweetcorn Served with Fresh Gravy or Roasted Vegetable Risotto served with Parmesan Shavings	Katsu Tofu Curry served with Steamed Rice	Margarita stuffed Crust Pizza Parmentier Potatoes and a Mixed Leaf Salad
DESSERT	Banana Sponge served with Fresh Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Apple and Cinnamon Tray Bake served with Fresh Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Angel Delight OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	Slice of Artic Roll OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	Fruit Selection	Oat Cakes	Mackerel and Ryvita	Cheese and Cucumber	Pancakes
TEA	Sandwich Selection	Pasta served with Tomato and Basil sauce And Cheese	Pitta Pizza and Cucumber	Jacket Potato Served with Beans, Ham and Cheese	Scrambled Eggs and Toast

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

24/01/22 21/02/22

21/03/22

