

Northampton High School Nursery - WEEK ONE



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	TOASTED CRUMPETS AND SPREADS	EDAM CHEESE AND TOMATO SLICES	PEPPER AND CELERY STICKS	RICE CAKES BANANAS	OAT CAKES
LUNCH	CARIBBEAN CHICKEN CURRY SAFFRON RICE	ROASTED TOMATO, AND MOZZARELLA WHOLE WHEAT PASTA BAKE SALAD	ROAST LOIN OF PORK OR CAULIFLOWER CHEESE AND LEEK CRUMBLE SERVED WITH ROASTED POTATOES BROAD BEANS AND CARROT BATONS	COD IN TOMATO SAUCE NEW POTATOES BABY CORN	CHICKEN BURRITOS OR VEGETABLE BURRITOS RAINBOW SALAD
DESSERT	SUMMER FRUIT CRUMBLE AND CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	JELLY OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	FRUIT SMOOTHIES OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	CINNAMON BUN OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
AFTERNOON SNACK	VEG STICKS	MELON SELECTION	PANCAKES	SMASHED AVOCADO SERVED WITH WHOLEMEAL TOAST	BOILED EGGS AND CUCUMBER SLICES
TEA	JACKET POTATOES SERVED WITH BEANS AND CHEESE	HOMEMADE VEGETABLE SOUP SERVED WITH WHOLEMEAL BREAD	PITTA BREAD AND TUNA DIP	GREEN PESTO WITH ROASTED VEGETABLE PASTA	WHOLEMEAL PIZZA

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

12th April 10th May

7th June 5th July

