

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	OAT CAKES	VEGETABLE STICKS SERVED WITH A BEAN DIP	BAGELS SERVED WITH CREAM CHEESE	SEASONAL FRUIT KEBABS	CHEESE STICKS SERVED WITH TOMATO
LUNCH	TOAD IN THE HOLE OR VEGAN TOAD IN THE HOLE SERVED WITH NEW POTATOES AND GREEN BEANS	BRAISED CHICKEN CASSEROLE OR VEGETABLE CASSEROLE SERVED WITH MASHED POTATO PEAS AND CARROTS	MINCED BEEF LASAGNE AL FORNO OR VEGETABLE LASAGNE SERVED WITH CIABATTA GARLIC BREAD AND MIXED SALAD	MARGARITTA PIZZA SERVED WITH JACKET WEDGES AND MIXED SALAD	BBQ JERK CHICKEN OR BBQ SWEET POTATO SERVED WITH RICE AND PEAS
DESSERT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	VEGETARIAN JELLY OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	BANANAS AND CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	CARROT CAKE OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	STICKY TOFFEE PUDDING AND CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT
AFTERNOON SNACK	CRUMPETS SERVED WITH A SELECTION OF SPREADS	RICE CAKES	PANCAKES SERVED WITH BLUEBERRIES	WHOLEMEAL PITTABREAD SERVED WITH HUMOUS	BREADSTICKS AND VEGETABLE STICKS
TEA	WHOLEMEAL MACARONI CHEESE	WHOLEMEAL PIZZA	JACKET POTATO SERVED WITH CHEESE AND BEANS	TOMATO AND TUNA PASTA BAKE	SAVOURY MUFFINS

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

28th Sept

26th Oct

23rd Nov

