Northampton High School Nursery – WEEK THREE



	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	PEACHES AND PINEAPPLE	ADVACADO SMASH SERVED WITH TOAST	MUFFINS SERVED WITH A SELECTION OF SPREADS	CHEESE STICKS SERVED WITH CUCUMBER	RICE CAKES
LUNCH	CHICKEN AND PESTO PASTA OR VEGAN PESTO PASTA SERVED WITH SWEETCORN AND DICED PEPPER	VEGETABLE PLAIT SERVED WITH MASHED POTATO AND GREENBEANS	ROAST CHICKEN OR STUFFED COURGETTE SERVED WITH SAGE AND ONION STUFFING ROAST POTATO, PEAS & CARROTS	HUNTERS STYLE BBQ CHICKEN OR QUORN FILLET SERVED WITH ½ JACKET POTATO AND SALAD	MACARONI CHEESE SERVED WITH CRUDITES
DESSERT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	SHORTBREAD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	INDIVIDUAL ICE CREAM TUBS OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	JAM ROLY POLY SERVED WITH CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	BEETROOT BROWNIE OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT
AFTERNOON SNACK	CRACKERS SERVED WITH TZATZIKI AND CUCUMBER STICKS	PANCAKES SERVED WITH BANANA	OAT CAKES	BAGELS SERVED WITH A SELECTION OF JAMS	FRUIT KEBABS
TEA	COUS COUS SERVED WITH TUNA IN TOMATO AND BASIL SAUCE	CHICKEN FAJITA SERVED WITH WRAPS AND SALAD	VEGITARIAN QUICHE SERVED WITH POTATO SALAD	GNOCCI SERVED WITH TOMATO AND BASIL SAUCE	PITTA POCKETS SERVED WITH A SELECTION OF FILLINGS

