

	Monday	Tuesday	Wednesday	Thursday	Friday
BREAKFAST	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
MORNING SNACK	VEGETABLE STICKS SERVED WITH TUNA AND CREAM CHEESE DIP	SAVOURY MUFFINS	ADVACADO SMASH SERVED WITH TOAST	WHOLEMEAL PITTA BREAD SERVED WITH HUMOUS	CRUMPETS SERVED WITH A SELECTION OF SPREADS
LUNCH	MINCED BEEF BOLOGNAISE OR VEGAN BOLOGNAISE SERVED WITH PASTA	SAUSAGE AND BAKED BEAN HOTPOT OR VEGAN SAUSAGE HOTPOT SERVED WITH CARROTS	CHICKEN PIE OR VEGETARIAN PIE SERVED WITH MASHED POTATO, PEAS AND SWEETCORN	MEXICAN MINCED BEEF OR VEGAN CHILLI SERVED WITH STEAMED RICE	CHICKEN MEATBALLS OR VEGAN MEATBALLS SERVED IN A TOMATO SAUCE WITH LINGUINE
DESSERT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	LEMON SPONGE SERVED WITH CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	SEASONAL FRUIT, MERINGUE AND CREAM OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	APPLE CRUMBLE SERVED WITH CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	CHOCOLATE SPONGE SERVED WITH CHOCOLATE SAUCE OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT
AFTERNOON SNACK	CRACKERS SERVED WITH S ASELECTION OF TOPPINGS	SCOTCH PANCAKES SERVED WITH PEACHES	BREADSTICKS SERVED WITH BEAN DIP	CHEESE STICKS SERVED WITH CUCUMBER	SEASONAL FRUIT SALAD
TEA	COUS COUS SERVED WITH ROASTED MEDITERANIAN VEG IN TOMATO SAUCE	CHICKEN KOFTA OR VEGETABLE SKEWERS SERVED WITH FLATBREAD	TOMATO AND BASIL PASTA SERVED WITH VEGETABLE STICKS	VEGETABLE FRITATA SERVED WITH MIXED SALAD	WHOLEMEAL BREAD SERVED WITH A SELECTION OF FILLINGS

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

14TH Sept 12TH Oct

9TH Nov 7TH Dec

