

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
<b>MORNING SNACK</b>	VEGETABLE STICKS SERVED WITH TUNA AND CREAM CHEESE DIP	SAVOURY MUFFINS	AVOCADO SMASH SERVED WITH TOAST	WHOLEMEAL PITTA BREAD SERVED WITH HUMMUS	CRUMPETS SERVED WITH A SELECTION OF SPREADS
<b>LUNCH</b>	MINCED BEEF BOLOGNAISE OR VEGAN BOLOGNAISE SERVED WITH PASTA	SAUSAGE AND BAKED BEAN HOTPOT OR VEGAN SAUSAGE HOTPOT SERVED WITH CARROTS	CHICKEN PIE OR VEGETARIAN PIE SERVED WITH MASHED POTATO, PEAS AND SWEETCORN	MEXICAN MINCED BEEF OR VEGAN CHILLI SERVED WITH STEAMED RICE	CHICKEN MEATBALLS OR VEGAN MEATBALLS SERVED IN A TOMATO SAUCE WITH LINGUINE
<b>DESSERT</b>	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	LEMON SPONGE SERVED WITH CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	SEASONAL FRUIT, MERINGUE AND CREAM OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	APPLE CRUMBLE SERVED WITH CUSTARD OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT	CHOCOLATE SPONGE SERVED WITH CHOCOLATE SAUCE OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOGHURT
<b>AFTERNOON SNACK</b>	CRACKERS SERVED WITH A SELECTION OF TOPPINGS	SCOTCH PANCAKES SERVED WITH PEACHES	BREADSTICKS SERVED WITH BEAN DIP	CHEESE STICKS SERVED WITH CUCUMBER	SEASONAL FRUIT SALAD
<b>TEA</b>	COUSCOUS SERVED WITH ROASTED MEDITERRANEAN VEG IN TOMATO SAUCE	CHICKEN KOFTA OR VEGETABLE SKEWERS SERVED WITH FLATBREAD	TOMATO AND BASIL PASTA SERVED WITH VEGETABLE STICKS	VEGETABLE FRITATA SERVED WITH MIXED SALAD	WHOLEMEAL BREAD SERVED WITH A SELECTION OF FILLINGS

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY.

Week Commencing:

14<sup>TH</sup> Sept 12<sup>TH</sup> Oct

9<sup>th</sup> Nov 7<sup>th</sup> Dec

