

Northampton High School – Week Four



	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING SNACK	Fruit Bowl and Pancakes	Fruit Bowl and BBQ Chicken Panini	Fruit Bowl and Spring Rolls	Fruit Bowl and Bacon Rolls	Fruit Bowl and Cookies
LUNCH	Spicy Tomato and Basil Pasta Served with G <mark>arlic</mark> Bread And <mark>Mixed</mark> Salad	Butcher Pork Sausage and Bean Cassoulet Served with Parmentier Potatoes And Roasted Mixed Veg	Marinated Lemon and Herb Chicken Breast Or Vegetable tart Served with Roasted New Potatoes Baby Corn and Sugar Snap Peas	Mild Beef Chilli Con Carne or Lentil & Mixed Bean Chilli Con Carne Served with 50/50 Rice And Sweetcorn	Breaded Chicken Goujons Or Vegetable Fingers Served with Oven Chips, Baked Beans or Peas
DESSERT	Ice Cream Pots	Chocolate Tiffin	Apple Pie and Custard	Fruity Flapjack	Carrot Cake
AFTERNOON SNACK	Fruit Bowl and Muffins	Fruit Bowl and Crisps	Fruit Bowl and Popcorn	Fruit Bowl and Muffins and Spreads	Fruit Bowl and Breadsticks

JACKET POTATOES SERVED WITH CHEESE AND BEANS

FRESH SOUP OF THE DAY SERVED WITH BREAD

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

1st Feb 1st Mar

29th Mar 26th Apr

