## Northampton High School – Week One



	Monday	Tuesday	Wednesday	Thursday	Friday
MORNING SNACK	Fruit Bowl and Bread Sticks	Fruit Bowl and Cheese Panini	Fruit Bowl and Bagels and Jam	Fruit Bowl and Popcorn	Fruit Bowl and Bacon Rolls
LUNCH	Beef Lasagne OR Lentil Bolognaise Served with Pasta And a Crunchy Salad	Chicken and Sweetcorn Filo Pie Or Roasted Vegetable Filo topped Pie Served with Baby New Potatoes Broccoli and Roasted Courgettes	Roast Loin of Pork Or Cauliflower cheese and Leek Crumble Served with Apple Sauce Roasted Potatoes Savoy Cabbage and Carrot Batons	Prime Beef or Bean Burger Oven Chipped Potatoes and Mixed Salad	Cajun Chicken and Vegetable Wraps Or Cajun Aubergine and Vegetable Wraps Served with Vegetable Rice and Sweetcorn
DESSERT	Apple Crumble and Custard	Passion Fruit and Strawberry-topped Meringue	Jelly	Coconut Rice Pudding	Sponge and Custard
AFTERNOON SNACK	Fruit Bowl and Cookies	Fruit Bowl and Pancakes	Fruit Bowl and Biscuits	Fruit Bowl and Flapjack	Fruit Bowl and Crisps

JACKET POTATOES SERVED WITH CHEESE AND BEANS		(STRE)
FRESHLY MADE SOUP SERVED WITH FRESH BREAD	Week Commencing:	
FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY	11th Jan 8 <sup>th</sup> Feb	food agent of the desired agen
ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED	8 <sup>th</sup> Mar 5 <sup>th</sup> Apr	