

## Northampton High School Autumn Menu – Week Two



Monday	Tuesday	Wednesday	Thursday	Friday
Italian Style Minced Beef Spaghetti Bolognaise Served with Garlic Bread	Sausage, Smokey Bacon and Baked Bean Hot Pot	Homemade Chicken Pie Topped with Shortcrust Pastry served with Fresh Gravy	Mexican Beef Chilli Con Carne	Chicken Meatballs in a Fresh Tomato Sauce
Vegan Spaghetti Bolognaise Served with Garlic Bread	Vegan Sausage and Baked Bean Hot Pot	Vegetarian Pie Topped with Shortcrust Pastry served with Fresh Gravy	Mexican Spicy Bean Chilli Con Carne	Vegan Meatballs in a Fresh Tomato Sauce
Vegetables:	Vegetables: Baton Carrots	Vegetables: Mashed Potatoes, Sweetcorn and Peas	Vegetables: Steamed Rice	Vegetable: Linguine
Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps
Dessert: Butterscotch Mouse with Whipped Cream	Dessert: Slice of Chocolate and Cherry Tiffin	Dessert: Jam Doughnuts	Dessert: Apple Crumble Served with Custard	Dessert: Chocolate Sponge served with Chocolate Sauce
Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts

Available Daily:	Week Commencing:	( A A A A A A A A A A A A A A A A A A A
-Vegan and Dietary menus always available -Freshly made salads and sandwiches	14 <sup>th</sup> Sept 12 <sup>th</sup> Oct	
- Fresh seasonal fruit and assorted yoghurts	9 <sup>th</sup> Nov 7 <sup>th</sup> Dec	FOOD HYGIENE RATING
- Sixth Form Café: Hot paninis, filled wraps, sandwiches, Salads and Jacket Potatoes		