Northampton High School Autumn Menu – Week Three

Monday	Tuesday	Wednesday	Thursday	Friday
Chicken and Pesto Pasta Bake	Savoury Minced Beef Pie Served with Fresh Gravy	Roasted Breast of Chicken, with Sage and Onion Stuffing Served with Fresh Gravy	Hunters Style BBQ Chicken	Breadcrumbed Cod Fillet or Cod Fish Fingers
Vegan Pesto Pasta Bake	Vegan Pie Served with Fresh Gravy	Stuffed Courgettes	Hunters Style BBQ Quorn Fillet	Cheesy Macaroni Bake
Vegetables: Sweetcorn and Diced Peppers	Vegetables: Mashed Potato and Green Beans	Vegetables: Roast Potatoes, Sliced Carrots and Peas	Vegetables: Baby New Potatoes and Sweetcorn	Vegetable: Chipped Potatoes and Baked Beans
Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps
Dessert: Mixed Fruit Crumble Served with Fresh Custard	Dessert: Cherry Shortbread	Dessert: Apple and Pear Sponge Served with Fresh Custard	Dessert: Jam Roly Poly Served with Fresh Custard	Dessert: Chocolate Brownies
Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts

Available Daily:

-Vegan and Dietary menus always available

-Freshly made salads and sandwiches

- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled wraps and sandwiches and Jacket Potato

Week Commencing:

21st Sept

19th Oct

16th Nov

14th Dec