

Northampton High School Autumn Menu – Week Four



Monday	Tuesday	Wednesday	Thursday	Friday
Traditional Toad in the Hole Served with Fresh Gravy	Braised Chicken Casserole Served with Dumplings	Traditional Minced Beef Lasagne Al Forno Served with Garlic Bread	Stuffed Crust Pepperoni Pizza	Jerk Chicken
Vegan Sausage Served with Fresh Gravy	Rich Vegetable Casserole Served with Dumplings	Roasted Mediterranean Vegetable Lasagne Al Forno Served with Garlic Bread	Stuffed Crust Four Cheese Pizza	Jerk Sweet Potato
Vegetables: Buttered Baby New Potatoes And sliced Green Beans	Vegetables: Mashed Potato, Peas and Carrots	Vegetables:	Vegetables: Seasonal Jacket Potato Wedges	Vegetable: Rice and Peas
Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps
Dessert: Chocolate Fudge Sponge served with Chocolate Sauce	Dessert: Vegetarian Jelly	Dessert: Rice Crispy Slice	Dessert: Frosted Carrot Cake	Dessert: Sticky Toffee Pudding Served with Toffee Sauce
Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts

Available Daily:

- -Vegan and Dietary menus always available
- -Freshly made salads and sandwiches
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled wraps, sandwiches, salads and jacket Potatoes

Week Commencing:

28th Sept

26th Oct

23rd Nov

