

Monday	Tuesday	Wednesday	Thursday	Friday
Penne Pasta Bake in a Rich Tomato And Bacon Sauce Served with Garlic Bread	Traditional Cottage Pie Served with Gravy	Roast Breast of Chicken Served Sage and Onion Stuffing and Fresh Gravy	Chicken Curry Served with Naan Bread	Bread Crumbed Cod Fillet Or Cod Fish Fingers
Penne Pasta and Lentil Bake in a Rich Tomato Sauce Served with Garlic Bread	Vegan Cottage Pie Served with Gravy	Stuffed Courgettes	Lentil, Spinach and Chickpea Curry	Ricotta and Spinach Cannelloni Served with a Tomato Sauce
Vegetables:	Vegetables: Steamed Peas and Sweetcorn	Vegetables: Roasted Potatoes, Sliced Carrots and Cauliflower	Vegetables: Steamed Rice	Vegetable: Chipped Potatoes and Baked Beans
Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps	Salad Bar: Grab and Go Salad Pots Freshly made sandwich and wraps
Dessert: Oaty Apple Crumble Served with Custard	Dessert: Strawberry Jelly	Dessert: Flapjack	Dessert: Marble Cake served with Chocolate Sauce	Dessert: Traditional Rice Pudding Served with Jam
Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts	Selection of Fruit And Yoghurts

Available Daily:

- Vegan and Dietary menus always available
- Freshly made salads and sandwiches
- Fresh seasonal fruit and assorted yoghurts
- Sixth Form Café: Hot paninis, filled wraps, sandwiches, salads and jacket potatoes

Week Commencing:

7th Sept 5th Oct
2nd Nov 30th Nov

