

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>BREAKFAST</b>	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE	A SELECTION OF CEREALS, TOASTS AND PORRIDGE
<b>MORNING SNACK</b>	Pineapple Sticks	Avocado Smash with Ryvita	Muffins served with a selection of spreads	Breadsticks	Rice Cakes served with hummus
<b>LUNCH</b>	Vegan Gnocchi in Tomato Sauce served with garlic Bread Mixed Salad	Cheesy Cottage Or Vegetable Pie served with Sweetcorn and Broad beans	Roasted Chicken Breast Or Vegetable Crown served with sage and onion Stuffing, Roasted Potatoes, Carrots and Green Beans	BBQ Pulled Pork OR Jackfruit served with New Potatoes Crunchy Salad	Spinach and Ricotta Cannellini served with Pepper Sticks
<b>DESSERT</b>	Apple Crumble served with Custard OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	Marble Cake Served with Chocolate Sauce OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	Raspberry Mousse OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT	Rice Pudding OR SEASONAL FRUIT SALAD SERVED WITH NATURAL YOUGHURT
<b>AFTERNOON SNACK</b>	Pancakes served with Fruits of the Forrest	Bagels served with a selection of Spreads	Sliced Tomatoes and Pepper Sticks	Mini Spring rolls served with Sweet Chilli Dip	Kiwi and Strawberries
<b>TEA</b>	Leek and Potato Soup served with Wholemeal Bread	Tuna Pesto Pasta	Vegetable Curry served with Rice	Sandwich Selection served with cucumber slices	Beans on Wholemeal Toast

ALL DIETARY NEEDS ARE TAKEN INTO CONSIDERATION AND ALTERNATIVES PROVIDED.

FRESH SEASONAL FRUIT AVAILABLE THROUGHOUT THE DAY

Week Commencing:

20<sup>th</sup> Sept

18<sup>th</sup> Oct

15<sup>th</sup> Nov

13<sup>th</sup> Dec

