

## **PERSONAL, SOCIAL, HEALTH & ECONOMIC EDUCATION POLICY JUNIOR SCHOOL**

Northampton High School is committed to providing Personal, Social, Health & Economic Education of a high quality. To help girls to lead happy, healthy, well organised and good lives, we seek to give them information, to stimulate their own thinking and to enable them to make informed decisions about what is best for their health and welfare, during their time at school and in future years.

PSHEE is delivered once a week as a discrete lesson throughout the Junior School but many matters are dealt with at other times if required. EYFS follow the PSED curriculum and activities are planned throughout each week. KS1 have a dedicated lesson within their timetabled allocation; KS2 teachers use the form-tutor time which is available daily.

All staff have access to the 3D PSHE programme which has a creative, practical and fun approach to lessons. The programme is based around the PSHEE Association's core areas of Health and Wellbeing, relationships and living in the wider world. We fully support the pupils' spiritual, moral, cultural, mental and physical development and help to prepare them for the opportunities, responsibilities and experiences for life in Modern Britain.

Each week the whole school assembly focus is on one objective. These objectives are based on Personal Development milestones as follows:

- To try new things
- To work hard
- To concentrate
- To push oneself
- To imagine
- To improve
- To understand others
- To not give up

Or British Values which include:

- We understand right from wrong
- We respect the culture and beliefs of others
- We know that we are all special
- We treat everybody equally
- We try to help other people
- We understand the consequences of our actions
- We understand and respect the roles of people who help us

When other PSHEE issues arise, such as friendship issues, they are dealt with accordingly. Teaching staff address the needs of the girls as and when required.

Personal Hygiene is covered in Year 4 and Puberty in Year 5 and 6. The School Nurse is available to deliver these lessons with the class teacher.

October 2016